



Greetings! Trusting your holiday season was filled with joy! As we embrace the new year, we are excited about the possibilities, and the anticipation of transformative progress. The past year at Rowan Helping Ministries has been truly extraordinary. Collectively, we've achieved remarkable milestones, contributing to positive change and making a meaningful impact on the lives of our Rowan County neighbors in need.



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Celebrating Success



Meet Stallyn, a resilient 31-year-old Army Veteran and father of two, who found himself facing the challenges of homelessness and alcoholism. Born and raised in Salisbury, Stallyn's life took a turn when he moved to Mississippi with his father. Tragically, the loss of his dad left him grappling with grief, leading to struggles with alcohol abuse. Recognizing the need for change, Stallyn took a courageous step by checking himself into detox to combat his alcoholism. It was during this challenging time that his mother, reaching out from Salisbury, offered him a lifeline to return home. Stallyn, determined to rebuild his life, utilized the VA crisis line to seek assistance for his alcohol issues.

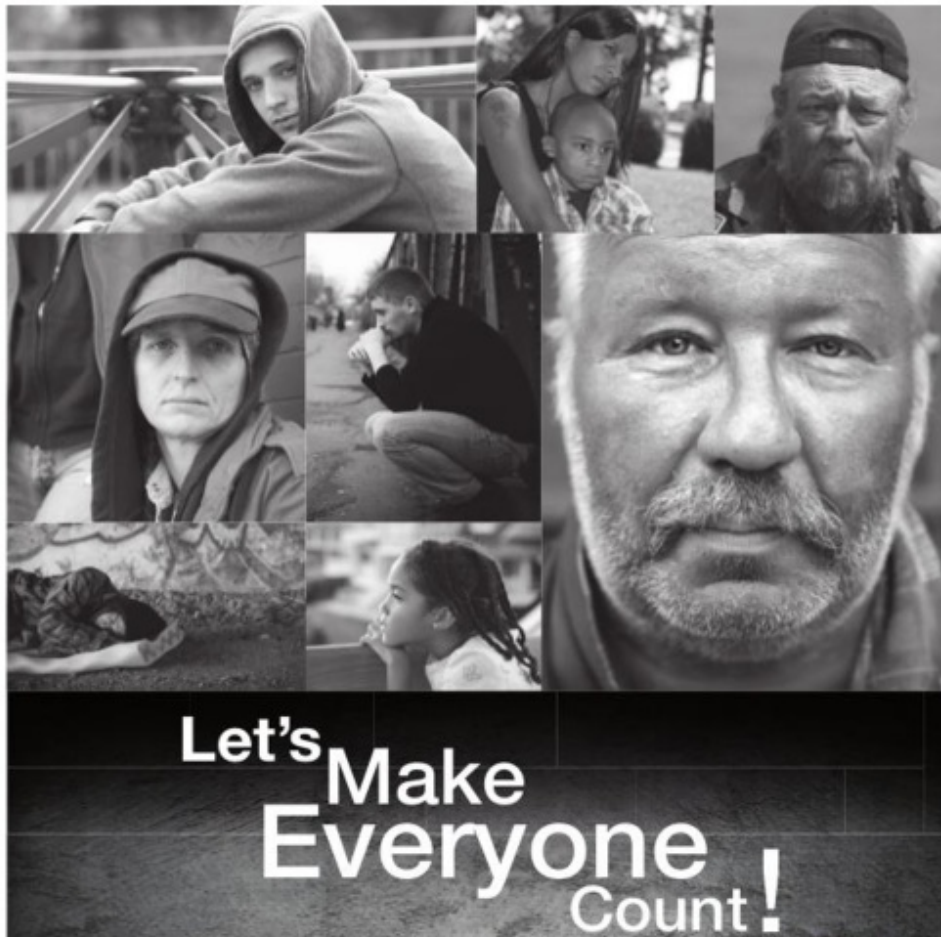
Upon his return to Salisbury, the VA played a crucial role in supporting Stallyn 's recovery journey. They facilitated his detox and ensured a smooth transfer back to his hometown. Despite facing setbacks, such as a job loss due to a health crisis that revealed a rare disease called myeloproliferative neoplasms (MPNs), Stallyn persisted in his pursuit of a better life.

Working closely with his case manager, Solomon, Stallyn navigated the challenges, including applying for various opportunities. His determination paid off when he secured a job at a local dump truck yard, earning \$22 per hour. With his health on the mend and a stable income, Stallyn embraced a new chapter in his life.

Reflecting on his military service, where he was stationed in Germany and Afghanistan as a motor transport operator, Stallyn drew strength from his experiences. He emphasizes the importance of nurturing personal growth, likening it to planting a tree that requires consistent care and attention.

Stallyn thanked the VA, acknowledging their role in his recovery. For Stallyn, the support he received from Rowan Helping Ministries was instrumental during his darkest days. He attributes much of his success to the compassionate guidance of his case manager, Solomon, who treated him not as a statistic but as a person with a unique journey.

Stallyn 's story is a testament to the power of resilience, community support, and the transformative impact of Case Managers. Today, he stands tall, having weathered the storms, and is a living testament to the saying shared by Stallyn: "You can't plant a tree and expect it to grow without watering it."



Rowan County Point in Time Count

Rowan County will be part of a nation-wide count of all people who are homeless on the **night of January 31st**

This helps our area receive funding for homeless services and housing.

If you or anyone you know is sleeping outdoors, in a car or anywhere people do not normally live, please contact:

Dianne Bruce, Outreach to Housing Coordinator
704-637-6838, ext. 110, dbruce@rowanhelpingministries.org

or

Dennis Rivers, Victims/Homeless Liaison, Salisbury Police Department
704-638-5342, dennis.rivers@salisburync.gov



For more information, please call Sherry Smith 704-637-6838, ext.124.

The Point-in-Time (PIT) count is an effort to count all sheltered and unsheltered people experiencing homelessness. This count is required by HUD nationwide each year in January. For over 14 years, Rowan Helping Ministries has coordinated this community-wide effort for Rowan County.

If you are interested in volunteering [click here](#) to be added to the volunteer list.

If you have any questions about the Point-in-Time count please contact Sherry Smith at 704-637-6838, ext. 124.

December Outcomes



Provided **49** clients with **92** showers

348 Families with **6,300** pieces of clothing



Provided **\$37,023** in financial assistance to help **104** families stay in their homes and keep their utilities on

452 Volunteers served **2,768** hours

We housed **127** guests in our Shelter and helped **14** successfully moveout

DURING THE MONTH OF DECEMBER...

Provided **6,994** meals in Jeannie's Kitchen



We served **1,290** families through our **3** Food Pantries.

We distributed **2,188** food bags to students in **28** Rowan-Salisbury Schools

Volunteer Highlights



Salisbury Civitan Club members dedicated their time to serving both dinner and breakfast at Jeannie's Kitchen. Two separate volunteer groups joined forces to prepare and serve the meals. A heartfelt thank you goes out to the Civitan Club of Salisbury for their unwavering support over the years.



The staff from Pfeiffer College's athletic department volunteered at Jeannie's Kitchen for the first time. Seeking a meaningful holiday activity to do together, they chose to dedicate their time to serving with us. We sincerely appreciate their contribution. Thank you!



Matt Marsh, the Vice-Chair of our Board of Directors, teamed up with his family to volunteer. The group collaborated to pack groceries for our food pantry and participated in preparing and serving dinner at the shelter. We extend our heartfelt gratitude to Matt for his steadfast dedication to our mission and for involving his family in supporting our cause. Thank you!



Jeannie's Kitchen Volunteers Needed!!



Open Breakfast Shifts (5:15a-7:15a): Wed 1/3, Thu 1/4, Fri 1/5, Sun 1/7, Mon 1/8, Tue 1/9, Wed 1/10, Sat 1/13, Sun 1/14, Mon 1/15, Tue 1/16, Wed 1/17, Mon 1/22, Wed 1/24, Thu 1/25, Fri 1/26, Sun 1/28, Mon 1/29, Tue 1/30, Wed 1/31

Open Lunch Shifts (9:30am-1:30pm): Wed 1/3, Sat 1/6, Sun 1/7, Sat 1/13, Sun 1/14, Tue 1/16, Thu 1/18, Sun 1/21, Wed 1/24, Thu 1/25, Sat 1/27, Sun 1/28, Wed 1/31

Open Dinner Shifts (5:30-8pm): Sat 1/6, Sun 1/7, Mon 1/8, Fri 1/12, Sat 1/13, Sun 1/14, Tue 1/16, Sun 1/21, Tue 1/23, Wed 1/24, Thu 1/25, Fri 1/26, Sat 1/27, Mon 1/29, Tue 1/30, Wed 1/31



Warming Station Volunteers Needed

Join Our On-Call List!

As temperatures begin to drop, we are preparing to open our doors to support those

who are homeless and do not live in the shelter. We need your help to staff our Warming Station. **We open the Warming Station on nights when the temperature is below 20 degrees.** The Warming Station will be open from 8:00 pm-8:00 am in Jeannie's Kitchen Dining Hall.

Volunteers are needed for various roles, including managing the doors, distributing blankets and coffee, and assisting staff throughout the night. Shifts are organized in three-hour increments.

[Click Here](#) to add your name to the on-call volunteer list.

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Marissa Gainey at 704-637-6838 ext.112.

Sign up to Volunteer

Donation Highlights



Gratitude to the Rowan Aquatic Club of YMCA members for organizing a drive on our behalf. Your support is truly valued. The contributions to our Crisis Assistance Network from your generous donation will enable us to continue to assist citizens in need throughout Rowan County. Thank you!

Annually, the Salisbury Swing Band hosts a Christmas Concert, and the proceeds generated from the event directly contribute to supporting our programs. Attendees of the event relished an evening filled with live music and dancing, all in support of our mission. Our heartfelt gratitude goes out to our partners at the Salisbury Swing Band for selecting us once again this year as the beneficiary partner. Thank you for your ongoing support!



In Other Other News!

We're Hiring



New Tomorrows Coordinator

Shelter Attendant

Director of Community Relations

VA Housing Case Manager

Controller- Director of Support Services



Exciting News! We're expanding our team and have multiple job openings waiting for the right candidates! If you're passionate, driven, and ready to make a difference, we want to hear from you. Visit our website to submit your application. Feel free to share these openings with your network to help us find the perfect fit for our growing team!

[Click Here To Apply](#)

Community Partners

Rowan County Democratic Party Holiday Party



We truly appreciate the Rowan County Democratic Party for hosting their annual Christmas party for our guests at the shelter. Because of you, all our guests had the opportunity to experience the joy of holidays! Thank you!

Goodwill Award Rowan Helping Ministries With The Good Neighbor Partner Award!



Thank you to our partners at Goodwill for selecting us for the Good Neighbor Partner Award! We appreciate your gift and will use it to continue to provide our clients with the resources they need to stay in their homes or to find a new home. Every month we participate in the Goodwill Career Connections Business Advisory Council, at these meetings we collaborate with other organizations and share resources. Thank you for your collaboration throughout the years which has played a crucial role in empowering our clients with the essential skills for employment and supporting their path towards stable housing.

Event Recap !

2023 Salisbury Rowan Runners Santa Run



Saturday, December 9, the Salisbury Rowan Runners hosted their annual Santa 5k Run/Walk. The event was a great success. What a great way to exercise and also support our Rowan County neighbors in need. This year was special because 5 shelter guests participated in the race. Thank you to the SRR, sponsors, event attendees, and volunteers. Your support of the Santa Run will help us to continue to provide resources to those in need.

Mark Your Calendars !

FAITH RELATIONS COMMITTEE AMBASSADORS MEETING

Thursday,
January 18,
5:30 p.m.
First Baptist
Church of
Salisbury
220 N Fulton
Street



Are you a member of a faith-based organization in Rowan County? If yes, we would like to invite you to be a Rowan Helping Ministries Ambassador. Join our Faith Relations Committee for an Ambassadors meeting on, Thursday, January 18, 2024, at 5:30 p.m. at the First Baptist Church, First Ministry Center 220 N Fulton Street.

Come to learn:

- Ways your faith-based organization can support Rowan Helping Ministries
- Volunteer opportunities
- Upcoming events... And so much more.

41st Annual Salisbury Rowan Runners Winter Flight 5k/8k



Calling all runners! The 41st Annual Winter Flight 8k & 5k hosted by the Salisbury Rowan Runners and presented by New Sarum will take place on Sunday, February 4, 2024, at Catawba College Gymnasium. The run is the oldest 8k in the State. If you are interested in being a sponsor, running in the race, or want to volunteer, please contact David Freeze at 704-310-6741 or email david.freeze@ctc.net.

[Click here for event details](#)
[Click here for sponsorship details](#)



The Will Run For Food 5K hosted by the Salisbury Rowan Runners and Centenary United Methodist Church will take place on Saturday, February 24, 2024, at 10 a.m., at Centenary United Methodist Church, 620 Centenary Ch. Rd. Mount Ulla, NC. Canned goods will be collected at the race and proceeds raised will benefit our programs.

If you have any questions about the race please contact Carla Kluttz at 704-433-3755 or email kluttzrcbn@aol.com

[Click here for event details](#)

January Wish List

JANUARY WISH LIST

JEANNIE'S KITCHEN

Milk
Butter
Pasta
Salad Greens
Fresh Fruit
Instant Potatoes
Salad Dressing
Salt & Pepper
Sugar

Eggs
Mayonnaise
Bacon
Sausage
Jelly
Grits
Dry Pinto Beans

FOOD PANTRY

Peanut Butter
Canned Meat
Jelly
Beans (dried or canned)
Granola Bars
Protein Bars
Saltine Crackers
Canned Vegetables

Rice
Instant Potatoes
Pasta
Canned Fruit
Tomato Products
(sauce, paste, and
diced)
Salad Dressing
Vegetables

SHELTER SERVICES

Ziploc bags (gallon)
Boxes of Tissues
Travel Size Conditioner, Shampoo,
Bar Soap, Deodorant & Lotion

CRISIS ASSISTANCE

Travel Size Conditioner, Shampoo,
Bath Soap, and Lotion
Washcloths & Towels
Hats, Gloves, Scarves
Hand Warmers



Donations may be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here..](#)



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ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now



Rowan Helping Ministries | 226 North Long Street, Salisbury, NC 28144

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