



April marks Volunteer Appreciation Month and at Rowan Helping Ministries we want to take this opportunity to express our deep appreciation for the incredible dedication and hard work of all our volunteers. Without your time and efforts, we wouldn't be able to provide essential assistance to the most vulnerable members of our community.

Celebrating Success



Restoring Frank's Self-Sufficiency through Collaborative Community Efforts

Frank's story illustrates how community partnerships can be a crucial factor in helping our clients on their pathway home. As an army veteran, Frank faced numerous obstacles throughout his life. Following his mother's death, he left his hometown of Baltimore and relocated to North Carolina in search of a fresh start and to reunite with his father. Frank settled down in North Carolina, got married, and was looking forward to a stable life. However, his past struggles with drug and alcohol addiction resurfaced,

leading to the breakdown of his marriage. Frank found himself alone, homeless, and without a clear plan.

He moved into a boarding house, thinking it would be a good solution, but soon faced new challenges. One day, Frank fell seriously ill and had to stay in the hospital for several months. This prolonged hospitalization caused him to lose his job, room, and car. With nowhere else to turn, he was referred to Rowan Helping Ministries by our partners at the Salisbury VA Medical Center.

Frank entered the Robertson Stanback Center through a special VA program, and begin working on his case plan. He participated in our New Tomorrow's program, which connected him with a career coach at NC Works. This partnership proved invaluable, as Frank's job coach introduced him to the AARP senior job training program, and he was able to secure a position as an AARP participant working in our Ralph W. Ketner Crisis Assistance Center.

Now, Frank works every day, assisting the crisis assistance team in the food pantry, clothing center, and front desk. Despite facing significant adversity, he has remained dedicated to his work and has even found a new apartment. Through his experience, he has learned the value of giving back to others, and he continues to work with us to help those in need. Frank's story is a true testament to the power of community partnership and the resilience of the human spirit.

Volunteer Highlights



Novant Imaging Center

After a long hiatus since the pandemic began, the staff at Novant Health Imaging Center have returned to Jeannie's Kitchen to resume their regular meal serving schedule. We are excited to welcome them back and many other groups who took a break during the pandemic. We express our gratitude to the Novant staff for their willingness to give their time and energy to support our community's most vulnerable members.

Leadership Rowan Class #30

The Rowan County Chamber of Commerce host a program called Leadership Rowan for 29 years with over 725 graduates. For one day a month for nine-months, participants get an in-depth view of community issues, develop skills necessary to assume leadership roles and are exposed to community involvement opportunities.



This year's Leadership Rowan Class #30 scheduled a packing party. The group came together to pack Family Food Bags. Thank you Leadership Rowan!

Jeannie's Kitchen Volunteers Needed!!



Open Breakfast Shifts (5:15a-7:15a): Thu 4/6, Sat 4/8, Sun 4/9, Mon 4/17, Tue 4/18, Sat 4/22, Sun 4/23, Mon 4/24, Wed 4/26, Fri 4/28, Sun 4/30

Open Lunch Shifts (9:30am-1:30pm): Wed 4/5, Sat 4/8, Mon 4/17, Mon 4/24, Wed 4/26, Sat 4/29

Open Dinner Shifts (5:30-8pm): Sat 4/8, Sun 4/9, Tues 4/18, Fri 4/21, Tue 4/25, Fri 4/28, Sat 4/29

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Volunteer Manager, Monica Seamon at 704-637-6838 ext. 112.

[Sign up to Volunteer](#)

Donation Highlights

Church Women United

During the past month, we faced several cold days. In response, the members of Church Women United came together to make a donation of hats, gloves, scarves, and sheets.



These were items that were on our wish list for March, and they greatly assist our Street Outreach Team in their efforts to connect with individuals living on the streets. We appreciate the generosity of Church Women United their contribution will provide much-needed warmth and comfort to those in need.



Bostian Retirement Planning

Thank you to the staff at Bostian Retirement Planning for their generous donation to our food pantry. Their team organized a food drive at their branch, and they were able to collect 249 pounds of food. Their contribution will help us provide nutritious meals to individuals and families facing food insecurity in our community.

Community Partners

New Tomorrow's Art Class



North Carolina Arts Council



We were awarded the Grassroots Arts Council Program grant, providing our New Tomorrow's program participants with the opportunity to attend two arts classes per month at Waterworks. This collaboration allows our participants to tap into their creativity and use art as a means of therapy. We are grateful to the North Carolina Arts Council for making this possible and for their partnership in promoting access to the arts for those who otherwise would not have an experience like this. We plan to host an art show in June featuring art created by our guests. Event details will be provided in our May newsletter.



LIVINGSTONE COLLEGE

Collaboration with Livingstone College enables students to engage in community service while meeting classroom requirements

Social Work Interns

Yazmine Scott and Kayundrea Williams, senior social work students, are currently fulfilling their 400-hour internships by assisting at the shelter



and Crisis Assistance Center. They help to gather client information for financial assistance applications, check guests into the shelter, or help to pack bags in our Food Pantry.



Livingstone College Social Work Students

As part of their Social Work Action Group Project, students from Livingstone College's Social Work program organized a sock drive. They collected three boxes of new socks and gently used clothing items to donate to our clothing center. Our



clothing center serves individuals who live in our Shelter and Rowan County residents who are experiencing hardship. We are grateful to the Livingstone social work students for their generosity and commitment to helping our neighbors in need.



Livingstone College Senior Class

Senior students at Livingstone College are required to complete 20 hours of community service as part of their graduation requirements. We are grateful to have Senior Class Advisor, Gregory Hill, bring his students to volunteer at Rowan Helping Ministries. This year, they generously helped pack Family Food Bags for our Food Pantry. Their dedication to giving back to the community is truly commendable, and we appreciate their contribution to our mission.



Event Recap

2023 Volunteer Recognition Banquet

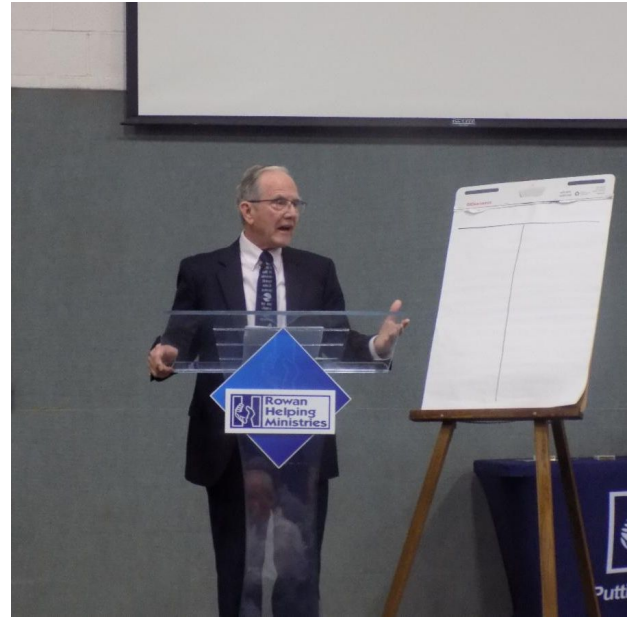
On March 21st, 2023, Rowan Helping Ministries hosted its yearly volunteer recognition banquet at the First Baptist Church of Salisbury, First Ministry Center. We celebrated the dedicated volunteers who have demonstrated their commitment to serving the community.

The event drew in more than 200 volunteers, staff, and Board members. Dr. Francis P. Koster, Ed.D delivered the keynote address, entitled "The Myth That Volunteers Are Not Paid."

Labe Sloop, Harold Moore, and Gethsemane Baptist Church were recognized as this year's outstanding volunteers.

Executive Director Kyna Grubb presented the Governor's Volunteer Service Award, awarded annually to North Carolinians who make a significant contribution to their community through volunteering, to three volunteers P.J. Ricks, Matt Marsh and Ric Hodge.

To read the full press release [click here](#)



Mark Your Calendars !

Community Connections Resource Fair

We're excited to announce that we're hosting a Community Connections Resource Fair on April 27, 2023, 2p.m. - 4p.m., to provide services and support to those that are homeless or on the brink of homelessness. We are currently looking for community partners interested in registering as vendors to help us positively impact the lives of those who need it the most.

If you're interested in registering as a vendor, please complete the vendor application by April 20th.

[Vendor Application Click Here](#)

The Homeless Task Force of Rowan County
Presents

Community Connections

RESOURCE FAIR

APRIL 27, 2023

2P.M. - 4P.M.



**ROWAN HELPING MINISTRIES
ROBERTSON-STANBACK CENTER
JEANNIE'S KITCHEN
217 N. LONG STREET
SALISBURY, NC 28144**



USE QR CODE TO SIGN UP AS A
VENDOR

- Housing Resources
- Mental Health Resources
- Substance Abuse Resources
- Giveaways and so much more

EVENT CONTACT : Cathy Wood-Romero,
Crisis and Housing Manager at
704-637-6838 ext. 107 or
cwood@rowanhelpingministries.org

Letter Carriers' Food Drive

The time has come again for the United States Postal Service Letter Carriers' Food Drive. On Saturday, May 13th, you can show your support by placing your non-perishable food donation in a bag at your mailbox. Your local letter carrier will collect your donation and distribute among local food pantries. For City of Salisbury zip codes, Rowan Helping Ministries will be receiving those donations. Let's all rally behind this national initiative and do our part to help those facing food insecurity.

THIS SPELLS
HELP FOR LOTS OF
FAMILIES THIS
YEAR!



LETTER CARRIERS' FOOD DRIVE

SECOND SATURDAY IN MAY

PUT YOUR NON-PERISHABLE DONATION IN A BAG BY YOUR MAILBOX.
WE'LL DELIVER IT TO A LOCAL FOOD BANK.

National Partners



April Wish List



APRIL WISH LIST

Small equipment for Jeannie's Kitchen and other specialty items are found on our [Amazon Wish List](#)

JEANNIE'S KITCHEN

2% Milk
Butter
Salad Greens
Fresh Fruit
Eggs
Mayonnaise
Bacon
Sausage

CRISIS ASSISTANCE FOOD PANTRY

Peanut Butter
Jelly
Cereal
Grits
Oatmeal
Granola Bars
Protein Bars
Saltine Crackers
Rice
Instant Potatoes
Pasta
Canned Fruit
Tomato Products
(sauce, paste, and diced)

SHELTER SERVICES

Deodorant
Tissues
Pillows

HOUSING SERVICES

Bath Towels
Wash Cloths



Donations may be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here](#).

ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now





Try email marketing for free today!
