



AUGUST NEWSLETTER

Happy August! As the Fall season rapidly approaches, we are supporting our clients and their families as they prepare for back-to-school. We feel incredibly grateful to have supporters like you who assist us in our mission to help families stay in their homes, avoid utility disconnection, and ensure they have enough food for their loved ones. Your generosity makes a significant difference, and we are honored to have you by our side as we work towards these vital goals. Thank you for being part of our journey!



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Share This Email



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Celebrating Success



Michael's Journey To Self Sufficiency

Michael's journey has been marked by challenges and setbacks, leading him in and out of our shelter for several years. As a teenager, he found himself without a home when his mother asked him to leave. Struggling with no job and nowhere to turn, he sought

refuge with us. Like many individuals facing similar circumstances, the lack of education, income, and family support made it difficult for Michael to break free from the cycle of poverty. Despite occasional short-term employment, he found himself returning to the shelter repeatedly.

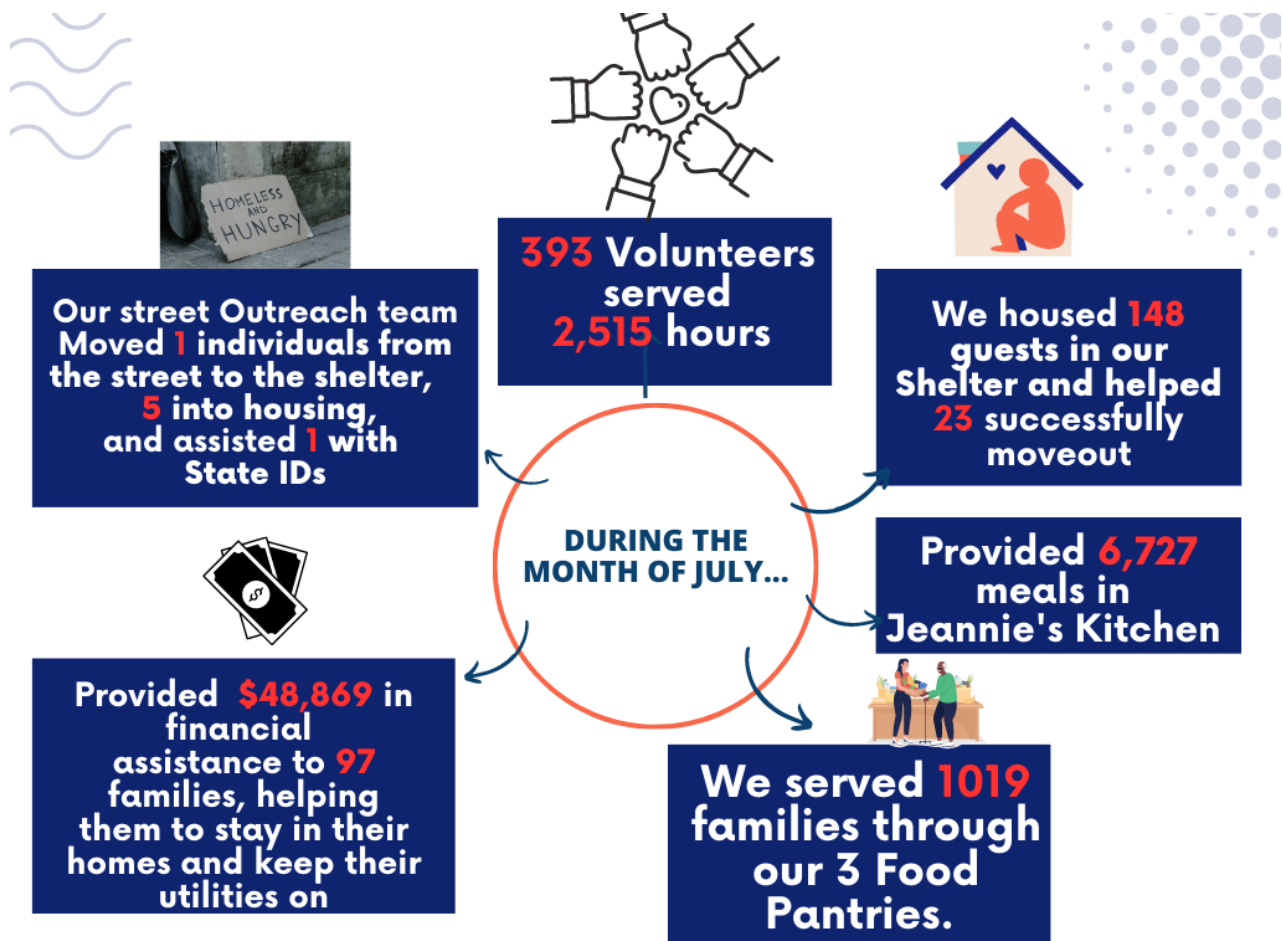
In his early twenties, while residing in our shelter, Michael was fortunate to be connected with a program that helped him earn his GED. With newfound skills and determination, he secured employment and was able to sustain his own apartment. However, life took an unfortunate turn when he suffered a foot injury, rendering him unable to work for over a year. Facing eviction and with nowhere else to turn, Michael sought solace back in our shelter.

During his one-year stay with us, we were committed to helping him in every way we could. Our Shelter Manager, Debbie, attended Continuum of Care meetings regularly, advocating for Michael's case. We assisted him in navigating the complexities of filing for disability benefits and recommended him to an organization called Community Link. Through Debbie's persistent efforts and the support of Community Link, Michael was granted a life-changing opportunity. He was selected for a housing program and received a new apartment with rental assistance. This provided him with the stability and dignity he deserved after years of hardship.

Currently, Michael is happy in his new place and working part-time. "I am thankful you all have been here for me after all of these years," Michael said.

Michael's story highlights the importance of empathy and support for those facing challenging circumstances. We are thankful to be part of his journey towards a brighter future and are committed to continuing our work to uplift and assist individuals like Michael on their path to self-sufficiency and stability.

July Outcomes





Lori Yang & Friends

Lori Yang made a heartfelt decision to connect with her close friends and initiate a volunteer group. Their monthly gatherings are dedicated to serving lunch at Jeannie's Kitchen, where this summer over 100 people were served daily. Thanks to the dedication and selflessness of volunteers like Lori and her friends, countless hungry individuals in our county receive the support they need.



Lake Community Church Kairos Conference

Lake Community Church hosted its Kairos Conference. As a part of their conference, their youth members volunteered with us. Two groups split their time between our Food Pantry and Clothing Center. The youth diligently sorted and tagged clothing donations, as well as organized and distributed food to those in need. At our organization, we enjoy working alongside such enthusiastic youth volunteer groups. It not only benefits our mission but also offers the young participants valuable hands-on experience, teaching them the significance of giving back to the community.



New York Air Brake Interns

New York Air Brake is a manufacturing company that provides railroad brake and train control systems, products, and services. Their summer interns took a break from work to volunteer in Jeannie's Kitchen. The group was comprised of students from several North Carolina colleges.

Jeannie's Kitchen Volunteers Needed!!



Open Breakfast Shifts (5:15a-7:15a): Sun 8/6, Sat 8/12, Mon 8/14, Tues 8/15, Wed 8/16, Thu 8/17, Sun 8/20, Wed 8/23, Sat 8/26

Open Lunch Shifts (9:30am-1:30pm) : Wed 8/2, Sat 8/5, Sun 8/6, Mon 8/7, Sat 8/12, Sun 8/13, Sun 8/20, Mon 8/21, Wed 8/23, Sat 8/26

Open Dinner Shifts (5:30-8pm): Wed 8/2, Fri 8/4, Sat 8/5, Fri 8/11, Sun 8/13, Tues 8/15, Wed 8/16, Tues 8/22, Sat 8/26

Are you interested in volunteering? Visit our website for a list of our volunteer

Sign up to Volunteer

Donation Highlights



Vision Recovery

Sheila, a resident of Morrisville, teamed up with Vision Recovery, an optical company based in Miami, to generously donate reading glasses to our ministry. We received a total of 80 pairs of glasses to distribute among those we serve. We extend our heartfelt gratitude to both Sheila and Vision Recovery for their generous contribution and commitment to helping others.



F & M Bank

During this summer, numerous local businesses embarked on company-wide service projects to give back to the community. Among them, F & M Bank in Granite Quarry chose to make a significant impact by organizing a thoughtful food drive in support of our programs. The compassionate staff members united to generously contribute clothes and food items. We are incredibly grateful for the long-standing partnership we have with F&M Bank. Their continued support throughout the years has been instrumental in our mission to help those in need.

Lake Community Church



During the Kairos Conference, members of Lake Community Church took the initiative and hung door signs across the community, asking for food donations. The response from the community was heartwarming, as they came together and generously contributed over 100 pounds of food to our Food Pantry. Thank you to everyone who played a part in making this possible and helping us fulfill our mission of serving those facing food insecurity in our County.

Community Partners

Thrivent's Engagement Leader Teaches Us How to Rethink Our Budget

The logo for Thrivent, featuring the word 'thrivent' in a bold, lowercase, sans-serif font. A red dot is positioned above the letter 't'.



Our staff had the opportunity to receive training on personal financial management from Corey Sturdivant, Engagement Leader at Thrivent. Thrivent is a financial company that provides financial advice, investments, insurance, banking, and generosity programs and solutions. Corey attended our monthly staff meeting and educated our staff on Thrivent's free financial coaching program called Money Canvas. This program helps individuals build healthy budgeting, saving, and spending habits. We thank Corey and Thrivent for their partnership and we are excited for our staff to get the tools needed to plan for their future.

Livingstone College Welcomes Incoming Freshman Through

Summer Bridge Program



We were excited to take part in Livingstone's College Summer Bridge program. This initiative aims to equip recent high school graduates for a successful transition into their freshman year of college. The students joined us on a Saturday and engaged in various activities to explore our programs.

Working in small groups, they served lunch in Jeannie's Kitchen, painted our exterior doors, and diligently organized storage areas. We appreciate our partners at Livingstone College for generously dedicating a day to be with us. Their support and collaboration are instrumental in empowering these bright young minds and fostering a sense of growth and learning. Together, we are shaping a brighter future for future leaders.

Capital Project Update !



We are thrilled to announce that we are just one step away from opening the doors of Eagle's Nest III, transitional housing, and our brand-new administrative offices. This coming fall, we welcome new residents into the recently constructed transitional housing units. This transformative project will offer an affordable pathway to stable housing for our guests, and we couldn't be more excited about it.

A heartfelt thank-you goes out to everyone who supports this project. Your contributions have been instrumental in making this happen. If you'd like to learn more about the project or explore available donation opportunities, please [click here](#). Together, we are helping homeless citizens find their pathway home.

Mark Your Calendars !

Salisbury Post

2023

ROCO

gold

PEOPLE'S
CHOICE
AWARDS

Please consider
NOMINATING US

salburypost.com/contests/rocogold

NOMINATE FOR YOUR CHANCE TO
WIN \$125

It's time again for Rowan County to vote in the Salisbury Post 2023 ROCO Gold People's Choice Awards!

Please consider nominating Rowan Helping Ministries for the BEST LOCAL NONPROFIT in the Salisbury Post **#RocoGold** Awards. You could win \$125 just for participating!

Nominations are open until August 8th. [Click here](#) to nominate us

FAITH RELATIONS COMMITTEE AMBASSADORS MEETING

Thursday,
August 24,
5:30 p.m.
Fellowship Hall
of First Baptist
Church of
Salisbury
220 N Fulton
Street



Are you a member of a Faith-Based organization? If yes, we would like to invite you to attend our upcoming Ambassador Meeting on August 24, 2023, at 5:30 p.m. at First Baptist Church of Salisbury. To RSVP to attend please contact Sheila Prevatte at sapbsn@gmail.com



Ted Luther Memorial Golf Tournament September 9, 2023 The Revial at the Crescent

Our annual Ted Luther Memorial Golf Tournament will take place Saturday, September 09, 2023, at the Revival at the Crescent. If you or someone you know is interested in volunteering at the event, becoming a sponsor, donating a silent auction, or playing in the tournament, please call Raeshawn Palmer, Director of Community Relations, at 704-637-6838 ext. 123 or email rpalmer@rowanhelpingministries.org

For event details, [click here](#)

August Wish List



AUGUST WISH LIST

JEANNIE'S KITCHEN

2% Milk	Eggs	Peanut Butter	Rice
Butter	Mayonnaise	Canned Meat	Instant Potatoes
Pasta	Bacon	Jelly	Pasta
Salad Greens	Sausage	Beans (dried or canned)	Canned Fruit
Fresh Fruit	Jelly	Granola Bars	Tomato Products (sauce, paste, and diced)
Instant Potatoes	Grits	Saltine Crackers	Salad Dressing
Salad Dressing		Canned Vegetables	Vegetables

FOOD PANTRY

SHELTER SERVICES

- Pillows
- Ziploc bags (gallon)
- Travel Size Conditioner, Shampoo, Bar Soap & Deodorant
- Scrubs (M, L, XL)
- Adult Shower Shoes
- Sleep Eye Mask

CRISIS ASSISTANCE

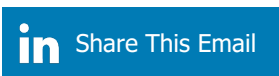
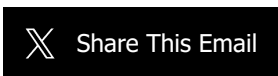
- Travel Size Conditioner, Shampoo and Lotion
- Washcloths
- Towels

CLOTHING CENTER

- Socks (men, women & children)
- Underwear (men, women & children)
- Bras



Donations may be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here..](#)



ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now



Rowan Helping Ministries | 226 North Long Street, Salisbury, NC 28144

[Unsubscribe btreece@rowanhelpingministries.org](mailto:btreece@rowanhelpingministries.org)

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