



As we enter the most wonderful time of the year, surrounded by the warmth of cherished traditions and the joy of shared moments, we're reminded of the magic that emanates from the collective spirit of charity. We thank you for investing your time and talents into serving those in need in Rowan County. From the entire team, warmest wishes for a joyous holiday season!

[f Share This Email](#)

[X Share This Email](#)

[in Share This Email](#)

Veteran Appreciation



Veteran Case Manager, Tia Williams Shows Appreciation To Our Veteran Guests With A Heartfelt Poem



A Sincere Thank You

To say, "I appreciate your service," is an understatement.
Since, I appreciate the things, nice strangers, do for others daily.

So, I Thank You.

I Thank you, with the sincerest and deepest gratitude,
for the things you've sacrificed to ensure,
we live our lives feeling most secure.

No matter the depth you've traveled on this journey,
I Thank You, with more than a grateful heart and spirit.
Most people can't fathom, your experiences or despair,
just to allow others to live freely, without the threat of tyranny.

So, I Thank You.

To serve our country for your fellowman,
leaves many of our servicemen/women,
with more than just physical scars, or black and blue bruises.

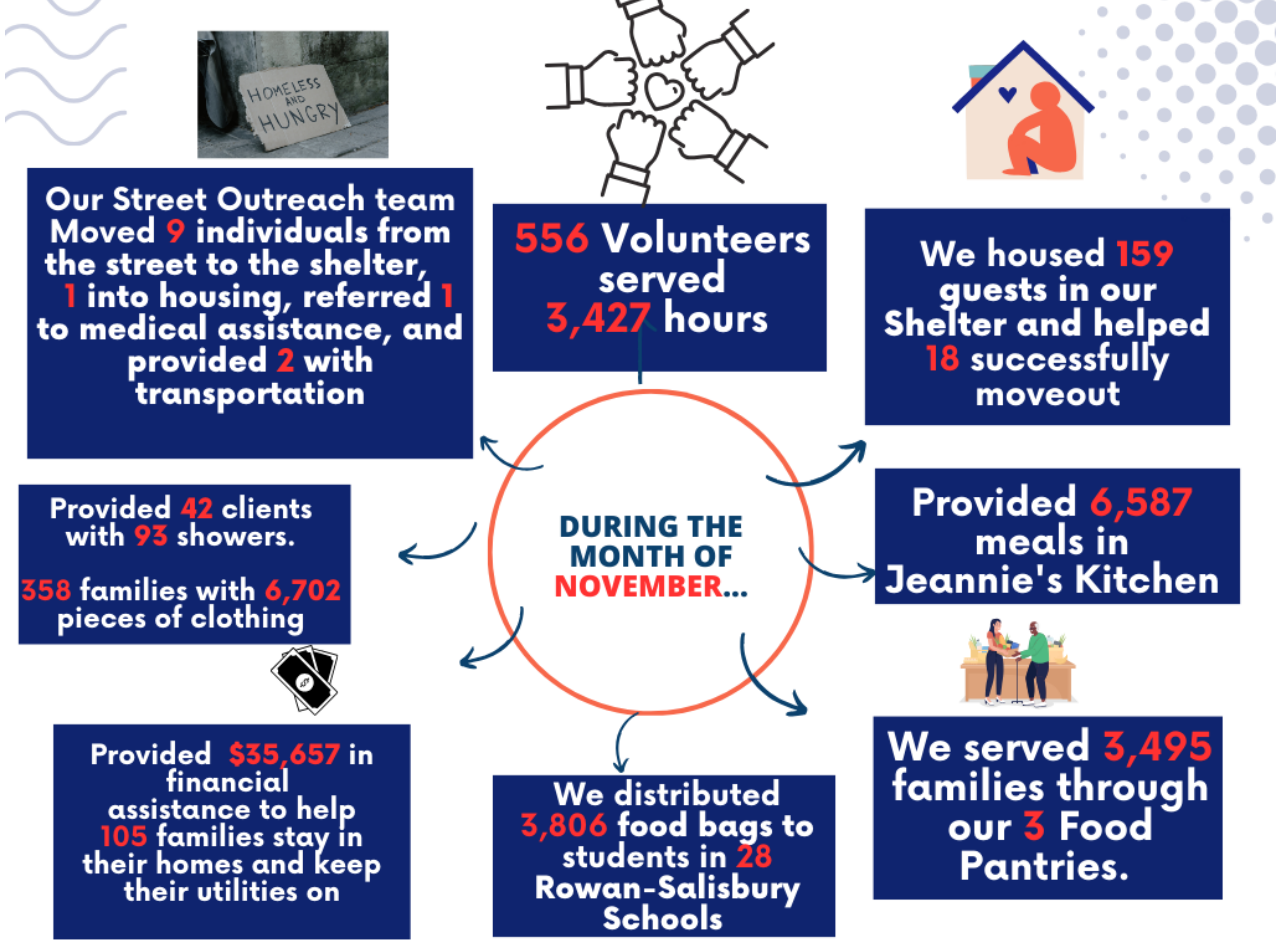
Again, I Thank You.

I Thank you for your service, and I genuinely Pray for Your Peace and Prosperity.

Sincerely,

Tia Williams

November Outcomes



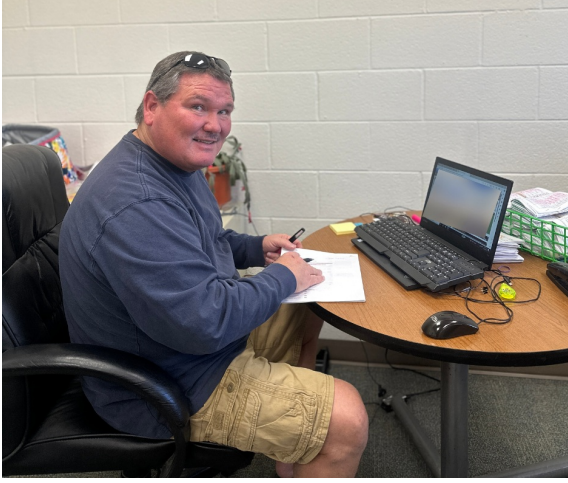
Volunteer Highlights



Elijah has volunteered in the food pantry since 2017. He's become one of the few volunteers we can call on days when no one is scheduled and he will stop what he's doing and come in to lend a helping hand. We are grateful for volunteers like Elijah using their free time to give back to the community.

Crisis Assistant volunteer Ronnie volunteers with us 5 days a week. He is here daily working to ensure Crisis Assistance data is entered properly, he proofreads financial applications and vouchers to correct any missed information and enters data in our VCM system. This type of work is crucial to our Crisis Assistance

Network. Thank you Ronnie.



Rockwell Christian High School students stopped by to donate over 1000 pounds of food to our Food Pantry. They rolled their sleeves up and started stocking the shelves, packing grocery bags, and pushing carts out to clients. Thank you all for stepping up at the last minute to lend a helping hand.



VOLUNTEERS NEEDED

Food Pantry



WED, DEC 6 12:30PM-4PM

THU, DEC 7 ALL SHIFTS

FRI, DEC 8 11 AM- 4PM

MON, DEC 11 11 AM-4PM

TUE, DEC 12 11 AM-4PM

WED, DEC 13 11 1M-2PM

THU, DEC 14 11 AM - 4PM

FRI DEC 15 11 AM - 4PM

MON, DEC 18 ALL SHIFTS

TUES, DEC 19 ALL SHIFTS

WED, DEC 20 ALL SHIFTS

THU, DEC 21 ALL SHIFTS

FRID, DEC 22 11 AM-4 PM

WED, DEC 27 ALL SHIFTS

THU, DEC 28 ALL SHIFTS

FRI, DEC 29 ALL SHIFTS

Jeannie's Kitchen Volunteers Needed!!



Open Breakfast Shifts (5:15a-7:15a): Thu 12/7, Sat 12/09, Sun 12/10, Mon 12/11, Tue 12/12, Tue 12/19, Wed 12/20, Thu 12/21, Fri 12/22, Sun 12/24, Mon 12/25, Wed 12/27, Fri 12/29, Sun, 12/31

Open Lunch Shifts (9:30am-1:30pm) : Sun 12/10 , Tues 12/12, Sun 12/17, Mon 12/18, Thu 12/21, Sun 12/24, Wed 12/27, Sun, 12/31

Open Dinner Shifts (5:30-8pm): Fri 12/8, Sat 12/09, Sun 12/10, Mon 12/11, Tue 12/19, Fri 12/22, Tue 12/26, Thu 12/28



Warming Station Volunteers Needed

Join Our On-Call List!

As temperatures begin to drop, we are preparing to open our doors to support those who are homeless and do not live in the shelter. We need your help to staff our

Warming Station. **We open the Warming Station on nights when the temperature is below 20 degrees.** The Warming Station will be open from 8:00 pm-8:00 am in Jeannie's Kitchen Dining Hall.

Volunteers are needed for various roles, including managing the doors, distributing blankets and coffee, and assisting staff throughout the night. Shifts are organized in three-hour increments.

[Click Here](#) to add your name to the on-call volunteer list.

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Marissa Gaaney at 704-637-6838 ext.112.

Sign up to Volunteer

Donation Highlights



A big thank you to the dedicated officers of the Landis Police Department! They have initiated a month-long coat drive and recently delivered their first batch of donations to our clothing center. Your commitment to extending civic duty into the community is truly commendable. Your support this winter is invaluable, helping to provide warmth and assistance to those in need.



Thank you to the staff and parents at Livingstone Head Start for hosting a food drive on our behalf we appreciate your support. Your donation to our food pantry will allow us to continue to address the food insecurity in our community.

Carl, a compassionate resident of Rowan County, expressed his concern for the homeless community as temperatures began to drop. In a touching gesture, he took the initiative to search on Amazon for gloves in various sizes, purchased them, and



generously donated them to our clothing center. These gloves will be distributed by our Outreach team to individuals living on the streets, and available for any Rowan County resident in need. Thank you to Carl for his kindness and thoughtful contribution.

Community Partners

NC Works Staff Serve Lunch In Jeannie's Kitchen



The NCWorks team hosted their Annual Day of Giving at Rowan Helping Ministries, showcasing the spirit of collaboration and community service. The entire staff from the Rowan County office united to serve lunch in Jeannie's Kitchen. Our partnership with NCWorks, particularly through the New Tomorrows program, allows us to empower individuals seeking employment opportunities. Thank you NCWorks for being a crucial resource for our clients in need.

Salisbury Rowan Runners Concludes Walking Class With a Bang



The Salisbury Rowan Runners hosted a walking group every Monday at the shelter. For several weeks several guests of our shelter came together as a group for a rejuvenating exercise session. Now the class is over several participants will participate in the Salisbury Rowan Runners Santa Run/Walk 5k event. In a special recognition, SRR President David Freeze featured class participant Pam in a spotlight article in the Salisbury Post, marking the culmination of their walking class journey.

[Click Here](#) to read Pam's story.

Event Recap !

2023 Trick Or Treat So Others May Eat



Congratulations to Mount Hope Church for winning the Trick or Treat So Others May Eat Heavyweight Champion title again this year! Mount Hope Church donated over 10,000 pounds of food to our food drive! Thank you to Pastor Johnny Boggs and the members of Mount Hope church for your continuous support of our food programs. We appreciate you!





"Cooperative Community Action" is what it takes for us to provide support for those in need each day! Thank you to everyone who volunteered or donated to the Trick or Treat So Others May Eat Food Drive! This year we collected over 17,000 pounds of food. Thank you to our largest donor Mount Hope Church for donating over 10,000 pounds of food, we truly appreciate your partnership.

2023 Feed The Need





Photography courtesy of Jason & Alicia Shinn at Shinn Photography



On Friday, November 17, 2023, was the annual Feed The Need Fundraiser. Rowan Helping Ministries staff, volunteers, community partners, board members, and donors came together for a night of dinner, drinks, music, and fun. The event was hosted at Baker's Mill Weddings and Events and Catered by Smoke Pit. Close to \$40,000 was raised to fund Rowan Helping Ministries Food programs.

Our humble thanks to a very special Feed The Need Committee who put on a wonderful event: Brittany Barnhardt and Meredith Smith
Thank you to our event sponsors and in-kind donors.

[Click Here](#) to read a full list of donors

Mark Your Calendars !

2023 Santa's 5K Run/Walk



Calling all runners! The annual Santa's 5K Run/Walk hosted by the Salisbury Rowan Runners will take place on Saturday, December 09, 2023, at the Country Life Museum, Sloan Road, Mount Ulla, NC 28125. The run/walk is a 3.1-mile course that loops through and around the West Rowan area. If you want to participate in the run or volunteer at the event, please contact David Freeze at 704-310-6741 or email david.freeze@ctc.net.

[Click here for event details](#)

2024 Resolution Run 5K



Start the New Year out right and run or walk for a good cause. On January 1, 2024, at The Forum of Salisbury, the Salisbury Rowan Runners will host the Resolution Run 5k.

The Salisbury Rowan Runners and The Forum offer this event as a thank-you to surrounding area walkers and runners. All proceeds raised at this event will support Rowan Helping Ministries' programs. Canned goods and shoe donations are greatly appreciated and will benefit those community members in need.

If you want to participate in the run or volunteer at the event, please contact David Freeze at 704-310-6741 or email david.freeze@ctc.net.

[Click here for event details](#)

December Wish List

DECEMBER WISH LIST

JEANNIE'S KITCHEN

2% Milk
Butter
Pasta
Salad Greens
Fresh Fruit
Instant Potatoes
Salad Dressing
Salt & Pepper
Sugar

Eggs
Mayonnaise
Bacon
Sausage
Jelly
Grits
Dry Pinto Beans

FOOD PANTRY

Peanut Butter
Canned Meat
Jelly
Beans (dried or canned)
Granola Bars
Protein Bars
Saltine Crackers
Canned Vegetables

Rice
Instant Potatoes
Pasta
Canned Fruit
Tomato Products
(sauce, paste, and
diced)
Salad Dressing
Vegetables

SHELTER SERVICES

Pillows
Ziploc bags (gallon)
Travel Size Conditioner, Shampoo,
Bar Soap & Deodorant
Scrubs (M, L, XL)
Adult Shower Shoes

CRISIS ASSISTANCE

Travel Size Conditioner, Shampoo,
Bath Soap, and Lotion
Washcloths & Towels
Hats, Gloves, Scarves
Hand Warmers



Donations may be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here..](#)



Share This Email



Share This Email



Share This Email

ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now



Rowan Helping Ministries | 226 North Long Street, Salisbury, NC 28144

[Unsubscribe btreece@rowanhelpingministries.org](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by kgrubb@rowanhelpingministries.org powered by



Try email marketing for free today!