

# January Newsletter

Kicking off 2023!



Happy January! It's a New Year and we thank God for allowing us another year to serve our Rowan County neighbors in need. Thank you all for supporting us in 2022, without you the work we do could not be possible!

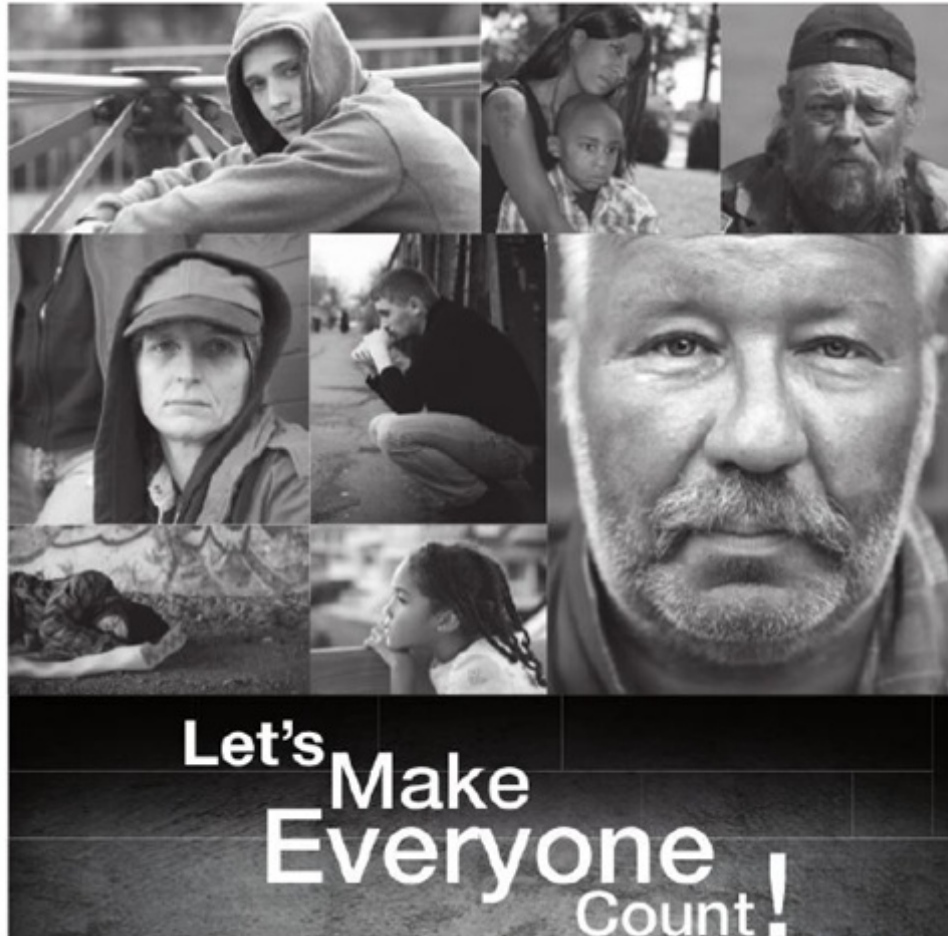


## *Rowan County Point In Time 2023*

The Point-in-Time (PIT) count is an effort to count all sheltered and unsheltered people experiencing homelessness. This count is required by HUD nationwide each year in January. For over 10 years, Rowan Helping Ministries has coordinated this community-wide effort for Rowan County.

To kick off the 2023 Rowan County Point-in-Time Count, we are hosting a Community Connections resource fair, on January 25, 2023, 1 p.m. - 4 p.m., at Jeannie's Kitchen. At the fair, we will offer supportive resources to the homeless citizens of our community and include them in the Point-in-Time Count. The Point-in-Time count is important for us as an organization for program funding and to identify the needs of the community we serve. Join us on January 25 and help us make everyone count!

See the flyer below for additional information



### **Rowan County Point in Time Count 2023**

Rowan County will be part of a nation-wide count of all people who are homeless on the night of January 25<sup>th</sup>

This helps our area receive funding for homeless services and housing.

**If you or anyone you know is sleeping outdoors, in a car or anywhere people do not normally live, please contact:**

**Dianne Bruce, Outreach to Housing Coordinator**  
704-637-6838, ext. 110, [dbruce@rowanhelpingministries.org](mailto:dbruce@rowanhelpingministries.org)

Or

**Dennis Rivers, Victims/Homeless Liaison, Salisbury Police Department**  
704- 638-5342, [dennis.rivers@salisburync.gov](mailto:dennis.rivers@salisburync.gov)

**Help us Make Everyone Count!**



**COMMUNITY CONNECTIONS  
RESOURCE FAIR**  
**Wednesday, January 25, 2023**  
**1 pm - 4 pm**

**Rowan Helping Ministries  
Robertson-Stanback Center  
Jeannie's Kitchen  
217 N. Long Street  
Salisbury, NC 28144**



The Homeless Task Force will  
host a  
Community Connections  
Resource Fair to provide  
resources for the homeless and  
those at risk of homelessness.

- Housing Resources
- Mental Health Resources
- Substance Abuse Resources
- Giveaways and so much....

January 25th is the  
North Carolina Point in Time Count

For more information about the event contact  
Cathy Wood-Romero, Crisis and Housing Manager at  
704-637-6838 ext. 107 or [cwood@rowanhelpingministries.org](mailto:cwood@rowanhelpingministries.org)

If you want to be a VENDOR at the Community Connections Resource Fair [click here.](#)

*Volunteer Highlights*



December 23, 24, and 25 the temperatures were below 20 degrees! Rowan Helping Ministries staff and volunteers came together to open a warming station for anyone in need of a warm place to stay. We put out a call for volunteers and our community showed up to help those in need. Thank you to everyone that volunteered! We served 13 homeless individuals on Christmas weekend! We plan to open the warming station when the weather falls below 20 degrees. If you would like to be put on a standby list to volunteer please contact our Volunteer Manager, Monica Seamon at 704-637-6838 ext. 112 or [mseamon@rowanhelpingministries.org](mailto:mseamon@rowanhelpingministries.org).



## Atrium Volunteer Day

The staff at Atrium Health hosted a volunteer day at Rowan Helping Ministries. The team spent their day packing Family Food bags. Thank you all for choosing us for your service project.

## Salisbury High School Lady Hornets Basketball Team

The Salisbury High School girls basketball team spent a morning in



Jeannie's Kitchen. The players and coaches came together to prepare breakfast for our shelter guests. Thank you to the players for taking time away from the court to serve others. We appreciate you!



## Jeannie's Kitchen Volunteers Needed!!



**Open Breakfast Shifts (5:15a-7:15a):** Wed 1/4, Thu 1/5, Sun 1/8, Mon 1/9, Tue 1/10, Wed 1/11, Sat 1/14, Sun 1/15, Tue 1/17, Wed 1/18, Sun 1/22, Mon 1/23, Wed 1/25, Thu 1/26, Fri 1/27, Sun 1/29, Mon 1/30, Tue 1/31

**Open Lunch Shifts (9:30am-1:30pm):** Wed 1/4, Thu 1/5, Sun 1/8, Sat 1/14, Thu 1/19, Sat 1/21, Sun 1/22, Mon 1/23, Wed 1/25, Sun 1/29, Mon 1/30

**Open Dinner Shifts (5:30-8pm):** Sat 1/7, Sun 1/8, Mon 1/9, Sat 1/14, Sun 1/15, Sun 1/22, Wed 1/25, Thu 1/26, Fri 1/27, Sat 1/28, Tue 1/31

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Volunteer Manager Monica Seamon at 704-637-6838 ext. 112.

[Sign up to Volunteer](#)

## Donation Highlights



### District 3 Masons & Eastern Stars

Thank you to the District 3 Masons & Eastern Stars members for donating over 40 pillows to our shelter. Pillows are always needed. Thank you for thinking of us.



### West Rowan Middle School Food Drive

Thank you to the students, parents, and staff at West Rowan Middle School for hosting a food drive. Because of your efforts, 2,490 pounds of food will be distributed to families facing food insecurity. We appreciate your continued support.

### Holiday Party For A Great Cause

Annie & Ella Williams stopped by with their grandmother Mona Lisa Wallace to donate funds raised at their family holiday party. They were so excited to share how their family and friends came together to celebrate the holidays and support our mission. Anna & Ella learned about the work we do at Rowan Helping Ministries and went on a mini-tour. Thank you so much to everyone that attended their event and donated to us. Thank you for thinking of those we serve especially during the holidays.



## *Community Partners*



Rowan Cabarrus Community College Student Ambassadors and members of the Student Nurses Association spent time writing letters of encouragement for our shelter guests. Each

individual letter shared kind words to motivate and support them during this difficult time. We displayed these encouraging letters on the walls of the day room for every guest to read. Thank you RCCC for this kind gesture.

## The Rowan County Chamber of Commerce PIP Breakfast and Leadership Rowan Human Needs Day



Rowan Helping Ministries co-sponsored the December Rowan County Chamber of Commerce Power in Partnership Breakfast with Meals On Wheels Rowan. We also hosted the Leadership Rowan Class #30 for Human Needs Day. The group was welcomed by our Executive Director, Kyna Grubb, where she gave an overview of our programs and a update on our Miracles on the Horizon Capital Project. Our leadership team gave a tour of our facilities and we ended the visit with a delicious lunch in Jeannie's Kitchen. Thank you to the Rowan County Chamber of Commerce for including us in your program.



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## The Rowan County Democratic Party Host Annual Christmas Party



We truly appreciate the Rowan County Democratic Party for hosting their annual Christmas party for our guests at the shelter. Because of you all our guests had the opportunity to experience the joy of Christmas! Thank you!

### *Event Recap*

#### **The Holiday Home Celebration**



Sunday, December 11, Board Vice-Chair Matt Marsh hosted the Holiday Home Celebration at his beautiful home. Rowan Helping Ministries staff, board members, volunteers, and supporters enjoyed an evening of great conversation, delicious chili, and fellowship. Thank you, Matt, for your dedication to our mission and for hosting such a beautiful event. Thank you to everyone that shared a gift. We appreciate all that you do for us.

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## 2022 Santa 5k Run/Walk



Saturday, December 10, the Salisbury Rowan Runners hosted their annual Santa 5k Run/Walk. The event was a great success. What a great way to exercise and also support our Rowan County neighbors in need. Thank you to the SRR, sponsors, event attendees, and volunteers. Your support of the Santa Run will help us to continue to provide resources to those in need.

*Mark Your Calendars !*

# FAITH RELATIONS COMMITTEE AMBASSADORS MEETING

Thursday,  
January 12th,  
4p.m.  
First Ministry  
Center of First  
Baptist Church  
of Salisbury  
220 N Fulton  
Street



Calling all churches! On Thursday, January 12th, our Faith Relations committee is hosting a meeting for ambassadors! Join us at 4 p.m. at the First Ministry Center at First Baptist Church of Salisbury, 220 N Fulton Street. A Faith Relations Ambassador will serve as the liaison for Rowan Helping Ministries.

For more information please call Raeshawn Palmer, Director of Community Relations at 704-637-6838 ext. 112 or [rpalmer@rowanhelpingministries.org](mailto:rpalmer@rowanhelpingministries.org)


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# New Sarum 40th Annual Winter Flight 8K & 5K

Sun February 5, 2023

Salisbury, NC 28144 US  Directions



OLDEST 8K in the STATE

Calling all runners! The 40th annual Winter Flight 5K/8K Run/Walk presented by New Sarum will take place Sunday, February 5, 2023, at the Catawba Gymnasium. This run is the oldest 8K in the state, and will also be recognized as the North Carolina state championship for the 8K distance! If you are interested in participating in the run or volunteering at the event, please contact David Freeze at 704-310-6741 or email [david.freeze@ctc.net](mailto:david.freeze@ctc.net).

[Click here for event details](#)

# Will Run for Food 5K

Sat February 25, 2023

Mount Ulla, NC 28125 US  Directions



On Saturday, February 25th, the Will Run for Food 5K is back. This run will take place at Centenary United Methodist, 620 Centenary Church Rd, Mt Ulla, NC 28125, all proceeds will support Rowan Helping Ministries!

[Click here for event details](#)

*January Wish List*



# JANUARY WISH LIST

## JEANNIE'S KITCHEN

2% Milk  
Butter  
Salad Greens  
Fresh Fruit  
Eggs  
Mayonnaise

## CRISIS ASSISTANCE FOOD PANTRY

Cereal • Grits  
Oatmeal  
Granola Bars  
Protein Bars  
Soup  
Saltine Crackers

## SHELTER SERVICES

Travel Size Shampoo  
Travel Size Conditioner  
Travel Size Lotion  
Pillows

## HOUSING SERVICES

Laundry Detergent  
Bath Towels  
Winter Hats  
Dish Towels/Dish Rags  
Blankets

## Equipment & Specialty Items

Small equipment for Jeannie's Kitchen and other specialty items are found on our *Amazon Wish List*

Donations can be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here](#).

### ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now





Try email marketing for free today!

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