



As the last traces of winter slowly fade away, we welcome the arrival of spring with open arms. With the days getting longer and the weather getting warmer, it's the perfect time to refresh and renew our commitment to helping our Rowan County neighbors in need.

Celebrating Success



“If God turned me around, he can do it for anyone.”

—Jesse, Former Shelter Guest and Crisis Assistance Client

Jesse's story is one of resilience, hope, and redemption. Born and raised in Woodleaf, North Carolina, Jesse's life was plagued with drug addiction and dealing from a young age. First introduced to the world of drugs at just 11 years old, he spent much of his preteen and adult years using and selling drugs.

It wasn't until Jesse hit rock bottom that he finally decided to seek help at Sober Living America, a treatment center that specializes in helping people overcome their addictions. Although it was a challenging journey, Jesse was able to overcome his addiction and start rebuilding his life, refusing to give up and always picking himself up.

Despite making progress, Jesse found himself back on the streets, using and selling drugs once again. This led to his return to jail, but this time something was different. During his sentence, he found God and his life took a turn for the better. "I think God placed me in that prison to save me," Jesse said.

After his release, Jesse headed to Salisbury, where he initially stayed with a family member before finding his way to Rowan Helping Ministries. His newfound faith gave him the motivation he needed to get his life back on track. He was determined to stay clean and focused on sharing the gospel with others who were struggling with addiction, just as he had.

During his time at the Robertson-Stanback Center, Jesse worked closely with his case manager, participated in New Tomorrow's classes, and even found a job. His hard work paid off, and he saved \$400, to move into his apartment. With the help of Rowan Helping Ministries' Crisis Assistance Network, Jesse was able to move into his new place.

Currently, Jesse is working alongside Goodwill Career Connections to enroll in school to become a certified counselor and peer support specialist. He has also become a member of a local church in Rowan County, where he continues to share his faith and inspire others. Jesse says "If God turned me around, he can do it for anyone."

Volunteer Highlights



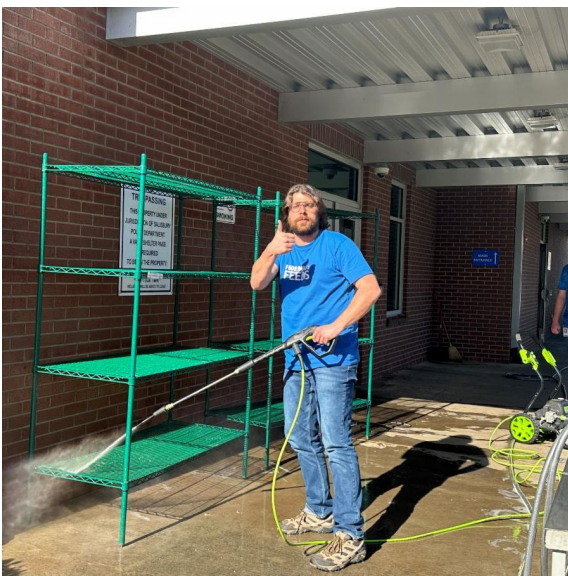
Salisbury Academy

The Starrett Snoopies, an advisory group comprised of middle school students from Salisbury Academy, recently volunteered in Jeannie's Kitchen. The students demonstrated their commitment by cooking, serving, and tidying up in Jeannie's Kitchen. We extend our gratitude to the Salisbury Academy students for their hard work and dedication.



Food Lion Feeds

Food Lion staff members visit us regularly to volunteer in areas where their assistance is most needed. On February 28, Food Lion staff volunteered in Jeannie's Kitchen. We are so thankful to the volunteers that came in to assist with a few cleaning and decluttering projects. Thank you Food Lion for your continues support of our organization.



Jeannie's Kitchen Volunteers Needed!!



Open Breakfast Shifts (5:15a-7:15a): Wed 3/08, Sun 3/12, Mon 3/13, Tue 3/14, Wed 3/15, Thu 3/16, Sun 3/19, Mon 3/20, Tue 3/21, Wed 3/22, Tues 3/23, Sun 3/26, Mon 3/27, Wed 3/29, Thu 3/30, Fri 3/31

Open Lunch Shifts (9:30am-1:30pm) : Sun 3/12, Tue 3/14, Thu 3/16, Sun 3/19 , Mon 3/20 Sun 3/26, Mon 3/27, Wed 3/29, Thu 3/30

Open Dinner Shifts (5:30-8pm): Mon 3/13, Sun 3/19, Wed 3/22 , Fri 3/24, Sat 3/25, Thu 3/30, Sun 3/26, Wed 3/29

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Volunteer Manager, Monica Seamon at 704-637-6838 ext. 112.

[Sign up to Volunteer](#)

Donation Highlights



Junior Civitan Club

This winter the Junior Civitan Club at Jessie C Carson High School put together a coat drive. Together with their classmates they donated 300 coats to our clothing center. We are grateful for the efforts of these young leaders in assisting those in need and for their dedication to making a positive impact in the community.

East Rowan High School



The National Technical Honor Society at East Rowan High School recently spearheaded a blanket drive to benefit those in need. Student body Co-President, Bella Ramsey, delivered over 100 blankets which will be utilized not only in the shelter but also distributed to people living on the street. We appreciate their efforts and commend the students for their dedication to making a positive impact in the community.



Southeast Middle School

First United Methodist Church of Salisbury teamed up with Southeast Middle School's faculty, staff, and students to organize a Souper Bowl of Caring food drive. Their collective efforts resulted in the donation of 1,178 pounds of food to our Food Pantry. We appreciate their collaboration and commitment to making a positive impact on the lives facing food insecurity.

Community Partners

Novant Health Donates Pill Organizers to the Shelter



Thank you to our partners at Novant Health for the generous donation of pill organizers to our shelter. These pill organizers will have a significant impact on the shelter's ability to manage medication schedules and ensure that residents receive the proper dosage of their medications. Novant Health's commitment to supporting the community is commendable, and this donation is just one example of their dedication to improving healthcare for all. We value your partnership.

Event Recap

2023 Scouting For Food



On Saturday, February 4, Rowan County's scout troops contributed to the Scouting for Food campaign, the largest single/day food drive in the nation. This initiative, which began as a service project by a Scout in St. Louis in 1985, has been adopted by the National Organization and aims to assist in feeding the hungry locally. In this year's effort, Rowan County scout troops, along with our valued partners at Food Lion, donated a total of 5,648 pounds of food to Rowan Helping Ministries, with Food Lion contributing 3,091 pounds. We extend our gratitude to all the participating troops and our partners for their valuable contributions to helping us fight food insecurity in Rowan County.

2023 Winter Flight



On Saturday, February 04, the Salisbury Rowan Runners presented an award to Rowan Helping Ministries at their yearly dinner, which took place before the Winter Flight 8k/5k. The runners' club recognized Rowan Helping Ministries for our contributions to the community and highlighted their efforts in helping those in need. Our partnership with the Salisbury Rowan Runners' has been instrumental in driving our efforts to make a positive impact on the lives of those in need. Thank you for being an integral part of our journey.



The 40th annual Winter Flight 5K/8K Run/Walk, presented by New Sarum, brought together runners and walkers from across Rowan County on Sunday, February 5th, at Catawba College. This renowned race is the oldest 8K in the state and is considered the North Carolina state championship for the 8K distance. We express our gratitude to the Salisbury Rowan Runners and sponsors for their unwavering commitment and efforts in organizing this year's race, which raised over \$10,000 in support of Rowan Helping Ministries' programs. We appreciate SRR for their tireless dedication to not only promoting a healthier Rowan County, but also supporting our mission.

In Other News !



Pictured: Kyna Grubb and family

Our Executive Director, Kyna Grubb, was awarded the prestigious title of 'Person of the Year' by the Salisbury Lions Club. Please join us in congratulating Kyna on this well-deserved recognition. Her leadership and hard work have truly made a positive impact on our organization and the people we serve. Congratulations Kyna!

[Click here to read Salisbury Post Article](#)

Schedule a tour of our campus!



Faith Relations Committee Ambassador, John Ford recently arranged a tour for members of Gethsemane Missionary Baptist Church to visit our campus. During the tour, the group was given an opportunity to learn more about our programs and explore potential collaborative opportunities. To schedule a similar tour, reach out to our Director of Community Relations, Raeshawn Palmer at 704-637-6838 ext. 123 or email rpalmer@rowanhelpingministries.org.

Mark Your Calendars !



ROWAN HELPING MINISTRIES
VOLUNTEER APPRECIATION BANQUET

MARCH

TUESDAY

21

AT 6 PM

2023

FIRST BAPTIST CHURCH OF SALISBURY
FIRST MINISTRY CENTER
220 N FULTON STREET
SALISBURY, NC 28144

KEYNOTE SPEAKER
DR. FRANCIS P. KOSTER, ED.D
AUTHOR, SPEAKER, &
PRESIDENT OF THE POLLUTION DETECTIVES INC.
SPEAKING ON THE TOPIC
"THE MYTH THAT VOLUNTEERS ARE NOT PAID"

PLEASE RSVP BY
MARCH 10, TO MONICA SEAMON
AT 704-637-6838 EXT.112



**IN
MEMORY
OF
RICHARD
KELLY**

**SAL
SAMUEL C HART
POST 14
CAR: TRUCK: BIKE
SHOW**

**\$25
ENTRY FEE
FOR SHOW
VEHICLES
SPECTATORS
FREE UNTIL
6PM**

**ALL PROCEEDS GOES TO
ROWAN HELPING MINISTRIES
EAGLE NEST III (HOMELESS VETERANS)**

**Live
Auction**

MOJO STOMP

MOTEL SOAP

TRACEN HOLLOW

9AM-11AM

6PM-10PM

12PM-3PM

FOOD

\$10 COVER 6PM

**GUN RAFFLE
GRILL RAFFLE
\$10
EACH TICKET
Drawing
@ 5pm**

**MARCH 25TH
9AM-5PM
RAIN DATE:
APRIL 1ST
5865 SOUTH MAIN ST**

**50/50
1 FOR \$1
OR
6 FOR
\$5
Drawing
@ 5pm**

SALISBURY NC 28147

**TROPHY FOR BEST
SPECIALTY
TROPHIES**

**SPECTATOR PARKING @POPPIES GUN STORE HANDICAP PARKING
AROUND THE BACK OF AMERICAN LEGION BUILDING
SHUTTLE GOLF CART RIDES TO EVENT PARKING LOT**

**1ST 2ND AND 3RD PLACE
WINNER
FOR EACH OF THE
FOLLOWING
CATEGORIES
*CUSTOM CAR
* CUSTOM TRUCK
*CLASSIC CAR
*CLASSIC TRUCK
*RAT RODS**

**TROPHIES
FOR
MOTORCYCLES
* OLDEST
RUNNING
* HIGHEST
MILEAGE
*JUDGES
CHOICE**

**OTHER TROPHIES
FOR
CARS & TRUCKS
* BEST PAINT
*OLDEST
*BEST IN SHOW
TROPHIES
FOR
JEEPS
* BEST PAINT
*BEST IN SHOW**

**Bike Raffle
only 200 tickets
\$75
For Each Ticket
Drawing when all
tickets are
sold!**

FOOD LION
FEEDS
presents...

Pass The Plate

benefitting
Rowan Helping Ministries

Saturday
April 1, 2023

6:00pm

Country Club of Salisbury
747 Club Drive

Tickets
\$70



Pass the Plate is Rowan Helping Ministries' largest annual fundraising event: **hors d'oeuvres, casino games, music, dancing and silent auction**

Our highly-anticipated Pass the Plate fundraiser is just around the corner! Join us for a fun-filled evening on Saturday, April 1st, 2023, starting at 6 p.m. at the Country Club of

Salisbury. Get ready to dance, enjoy delicious food and drinks, play casino games, and bid on exciting items in the silent auction – all while making a positive impact on the lives of our Rowan County neighbors in need. We invite you to join us as a sponsor and make a difference in your community.

Check out our sponsorship levels by [clicking here!](#)

To purchase tickets or become a sponsor [visit our website](#) today

March Wish List



MARCH WISH LIST

Small equipment for Jeannie's Kitchen and other specialty items are found on our *Amazon Wish List*

JEANNIE'S KITCHEN

2% Milk
Butter
Salad Greens
Fresh Fruit
Eggs
Mayonnaise
Bacon
Sausage

SHELTER SERVICES

Travel Size Shampoo
Travel Size Conditioner
Travel Size Lotion
Travel Size Bodywash
Wash Cloths /Towels
Pillows

HOMELESS STREET OUTREACH

Ear plugs

CRISIS ASSISTANCE FOOD PANTRY

Peanut Butter
Jelly
Cereal
Grits
Oatmeal
Granola Bars
Protein Bars
Saltine Crackers
Rice
Instant Potatoes
Pasta
Canned Fruit
Tomato Products
(sauce, paste, and
diced)

HOUSING SERVICES

Cleaning Supplies (Dish detergent,
spray cleaner, sponges)
Bath Towels
Dish Towels/Dish Rags
Blankets

Donations may be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here.](#)

ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now



Rowan Helping Ministries | 226 North Long Street, Salisbury, NC 28144

[Unsubscribe btreece@rowanhelpingministries.org](mailto:btreece@rowanhelpingministries.org)

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