



At Rowan Helping Ministries, we continue to be a beacon of hope and support for our community as we work each day to provide shelter, food, and financial assistance to those in need. With May upon us, we are grateful for your partnership in serving our neighbors and making a positive impact on their lives.

Celebrating Success



Les's Journey to self-sufficiency

Les is a proud United States Air Force veteran, who had dedicated his life to serving his country. He worked as a certified aircraft machinist, ensuring that the planes he worked on were safe and ready for any mission that came their way. However, after leaving the military, Les battled with drug and alcohol addiction, which eventually led him to become homeless during the pandemic.

Thankfully, the Salisbury VA referred Les to us, where he found a new sense of hope and support. With the help of his case manager, Solomon, Les began working towards getting back on his feet. Despite the challenges he faced, Les remained determined to turn his life around and start anew. "I truly enjoyed working with Les, he was very self-motivated and diligent in pursuing his goals," said his Case Manager, Solomon Tafari.

Les celebrated his 62nd birthday while living in the Robertson Stanback Center and with Solomon's assistance enrolled in Social Security. With this newfound income, Les was able to move into his own apartment with the Salisbury Housing Authority. When asked about his experience, Les said, "Wow, I am finally not homeless." Reflecting on his journey, Les remarked, "When I first moved in the shelter, my mind was full of confusion. But after working with Solomon, he helped me create a step-by-step plan to get myself back on track."

As he settles in his new apartment he shared he has new goals to achieve. He wants to become certified as a Peer Support Specialist and obtain his North Carolina Driver's License.

Volunteer Highlights



First Baptist Church of Salisbury

Members of First Baptist Church of Salisbury served breakfast for our shelter guests in Jeannie's Kitchen. FBC has a long standing relationship with Rowan Helping Ministries. Before we had our own facility FBC provided space for an overnight shelter. Thank you FBC for your support throughout the years.



Omega Psi Phi

Members of the Tau Alpha Chapter of Omega Psi Phi Fraternity, Inc. volunteered to cook lunch in Jeannie's Kitchen Saturday, April 1st. Omega Psi Phi Fraternity is an international African American Fraternity. Tau Alpha is the local Salisbury Chapter.





Queen City Bearded Villains

Our Food Pantry was given a fresh coat of paint, thanks to the generosity of the Queen City Bearded Villains. The Queen City Bearded Villains have chapters throughout the U.S. and their mission is "To Unite Bearded Men of all cultures, races, creed, and sexuality in a Brotherhood devoted to Loyalty, Honor, and Respect toward all people, Dedicated to the betterment of mankind through fraternity Charity and Kindness."

Thank you Queen City Bearded Villains for coming in on a Saturday and volunteering with us.



Jeannie's Kitchen Volunteers Needed!!



Open Breakfast Shifts (5:15a-7:15a): Thu 5/4, Sun 5/7, Mon 5/8, Tue 5/9, Wed 5/10
Sat 5/19, Sun 5/14, Mon 3/15, Tues 5/16, Wed 5/17, Thu 5/18, Wed 5/24, Thu 5/25, Sun 5/28
Mon 5/29, Tues 5/30, Wed 5/31

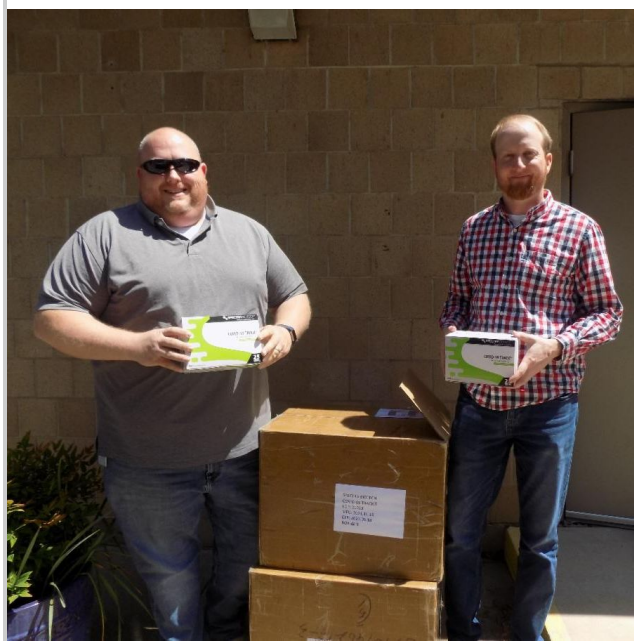
Open Lunch Shifts (9:30am-1:30pm) : Wed 5/3, Sat 5/6, Sun 5/7 , Mon 5/15, Sun 5/21,
Mon 5/22, Wed 5/24, Sun 5/28, Wed 5/31

Open Dinner Shifts (5:30-8pm): Sun 5/6, Fri 5/14, Sun 5/21, Wed 5/24 , Fri 5/26, Tues 5/30,
Wed 5/31

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Raeshawn Palmer at 704-637-6838 ext. 123.

[Sign up to Volunteer](#)

Donation Highlights



Gildan

Thank you to the staff at Gildan for donating 2 boxes of COVID tests to our shelter. Your donation will help us to keep our community healthy and safe from the spread of COVID.

Did You Know?

Miracles on the Horizon Capital Project

This \$6 million capital project will expand pathways to housing for Rowan County's homeless citizens. By adding Transitional and Permanent Supportive Housing and expanding primary care and behavioral health services on our campus, we can help more chronically homeless citizens return to stable, permanent homes.

We are excited to provide you with an update on our project to expand transitional and permanent supportive housing. The building pictured below is Eagles Nest III, our new transitional housing unit. This new building will add 12 apartments to the existing 10 units in Eagle's Nest I and Eagle's Nest II, with 9 of the 12 units reserved for veterans. This building will provide a space for client case management, client counseling, and administrative offices. Also housed here will be a "Peer - Support Living Room" concept which will enable a client to meet with a peer support specialist as soon as possible in a comfortable, calm environment to help de-escalate a mental health crisis and avoid hospitalization and sustain the client in stable housing.

We are excited about the progress we have made so far and want to extend our gratitude to all of our donors, volunteers, and supporters who have helped us make this project a reality. However, we still need your help to complete this vital work.

If you would like to contribute to this important project, please consider making a [donation](#). Every dollar counts and helps us move closer to achieving our goal. Together we can help the chronically homeless find their pathway back home.

Learn More about the Miracles on the Horizon Capital Project by [clicking here](#)



Community Partners

Thank you Communities In Schools for honoring us with the Partner of the Year award for our partnership with Knox Middle School. We partner with Communities In Schools for our Food For Thought program, which provides weekend food bags for students in 27 Rowan Salisbury Schools. To learn more about Communities In Schools [click here](#).



Cabarrus College of Health Sciences

As part of their class requirements, students from Cabarrus College of Health Sciences must complete community service for class credit. During the month of April, several students from Cabarrus College of Health Sciences volunteered in the Food Pantry and Clothing Center. Their dedication to giving back to the community is truly commendable, and we appreciate their contribution to our mission.



Novant Health Rowan Medical Center Bridges to Healthcare

The Novant Health Rowan Medical Center hosts The Bridges to Healthcare Program.

This program awards paid internships to Rowan County high schoolers from underrepresented communities to pursue and elevate their careers in the healthcare industry. Students participate in clinical and non clinical rotations at Rowan Medical Center. During the "Impact of Community Engagement," week students got to tour our campus. We were so impressed with the students and can't wait to have them back to volunteer.



Food For Thought Doubles Up for Easter Break!

Thank you to our Food For Thought volunteers for picking up double bags to deliver to our Food For Thought students. Rowan Salisbury Schools took a short break for Easter and we made sure our students didn't go without. Our Food For Thought program currently serves 985 students in 27 Rowan-Salisbury Schools.





Event Recap

2023 Pass The Plate Fundraiser

Rowan Helping Ministries' largest fundraiser of the year, Pass The Plate, was held on Saturday, April 1st at the Country Club of Salisbury. The event was a success, raising over \$134,000 to support Rowan Helping Ministries' programs.

With over 230 guests in attendance, including Rowan Helping Ministries' staff, board members, volunteers, and donors, the event was a fun-filled evening with live music performances by Colton Sherrill, casino games, and a range of silent auction items donated by over 30 Rowan County businesses.

Additionally, guests had the chance to win several raffle items such as a vacation package stay at The Twelve Oaks in Covington, GA, and a Reid Electric Assist Bike donated by Skinny Wheels.

Thank you to our generous donors and volunteers who made this day possible. We appreciate you.

To read full sponsorship list [click here](#)



Garden of Eatin' Spring Planting

Thank you to everyone who came out to the Garden of Eatin' spring planting event. It was truly inspiring to see staff, volunteers, and shelter guests all working together to plant a beautiful array of flowers, potatoes, collards, broccoli, and cabbage.

Thank you, Rev Steve Combs, for the years of hard work and dedication to the garden. We are so grateful for your support. Not only does the garden provide nutritious produce for Jeannie's Kitchen, but it also creates a sense of community and connection.

We look forward to watching our plants grow and flourish throughout the season.



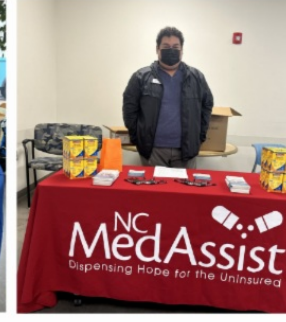
Southern Power Plants Golf Tournament

Every year Southern Power Plants-Cleveland & Rowan host an annual charity Golf Tournament. We are so grateful to be the benefit partner alongside Cleveland County Children's Home. The 2023 tournament was hosted on April 25, 2023, at the Rocky River Golf Club. Thank you Southern Power for your continuous support throughout the years.



Community Connections Resource Fair

Thursday, April 27 the Homeless Task Force of Rowan County hosted a Community Connections Resource Fair. Shelter guests and members of the community came together in Jeannie's Kitchen dining hall and received information on supportive services ranging from mental health resources, jobs, medical, housing and so much more. Over 40 clients attended the event and 28 vendors provided resources. Thank you to everyone that made this event a great success. We appreciate your partnership in helping to serve those that are homeless and on the brink of homelessness.



Mark Your Calendars !



Vivaldi's Gloria & Missa Festiva by John Leavitt

featuring soloists

Mary Endsley Foil & Theresa Moore-Mitchell
with guest musicians from the Salisbury Symphony
and the choirs of the First Presbyterian Church &
First United Methodist Church of Salisbury



Sunday, May 07, 3:00pm | First United Methodist Church
FREE CONCERT | 217 South Church Street

light reception to follow

freewill offering collected will benefit Rowan Helping Ministries

Letter Carriers' Food Drive

The time has come again for the United States Postal Service Letter Carriers' Food Drive. On Saturday, May 13th, you can show your support by placing your non-perishable food donation in a bag at your mailbox. Your local letter carrier will collect your donation and distribute among local food pantries. For City of Salisbury zip codes, Rowan Helping Ministries will be receiving those donations. Let's all rally behind this national initiative and do our part to help those facing food insecurity.

We are looking for volunteers to assist with unloading the mail carriers vehicles and sorting food donations. If you are available Saturday, May 13, 2023 2p.m. - 8pm. sign up via [volunteer hub](#)



ON SATURDAY, MAY 13:

 Place a bag of nonperishable food next to your mailbox

 Your letter carrier will handle the rest

#StampOutHunger

Cheerwine Festival

Volunteers Needed! Join us Saturday, May 20, 2023, at the Cheerwine Festival. We need volunteers to assist with several activities throughout the day. It's a fun and lively event, and we are excited to be the benefit partner again this year! To sign up to help with the event or to help at our vendor booth [click here](#).

If you have any questions please call Raeshawn Palmer at 704-637-6838 ext. 123



SATURDAY, MAY 20, 2023



NOON TO 10:00PM



May Wish List



MAY WISH LIST

Small equipment for Jeannie's Kitchen and other specialty items are found on our Amazon Wish List

JEANNIE'S KITCHEN

2% Milk
Butter
Pasta
Salad Greens
Fresh Fruit

Eggs
Mayonnaise
Bacon
Sausage

FOOD PANTRY

Peanut Butter
Jelly
Cereal
Grits
Oatmeal
Granola Bars
Protein Bars
Saltine Crackers

Rice
Instant Potatoes
Pasta
Canned Fruit
Tomato Products
(sauce, paste, and diced)

SHELTER SERVICES

Pillows
Ziploc bags (Gallon)
Travel Size Shampoo
Scrubs (M,L,XL)

HOUSING SERVICES

Bath Towels
Wash Cloths



Donations may be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here](#).

ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now





Try email marketing for free today!