



Rowan Helping Ministries

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COVID-19 Policies and Procedures

We put God's love into action through a variety of ministries centered around serving, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

With the increased COVID-19 concerns, we are reenforcing our COVID-19 protocols for all buildings on our campus. All staff, volunteers and shelter guest **are required** to evaluate their health each day (temp checks, symptoms of COVID-19, etc), **wear masks (regardless of vaccination status), regularly wash your hands, and maintain social distancing of 6 feet.** We will continue to spray door knobs and surfaces several times a day.

Anyone who has had close contact with someone with COVID-19 should stay home for 14 days after their last exposure to that person. Our shelter guests who are exposed or positive are housed in a private isolation area to quarantine.

Below are the **CDC guidelines around isolation** for individuals who have COVID-19 or have symptoms of COVID-19.

You can be around others after:

- *10 days since symptoms first appeared **and***
- *24 hours with no fever without the use of fever-reducing medications **and***
- *Other symptoms of COVID-19 are improving**

****Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation***

Note that these recommendations **do not** apply to people with severe COVID-19 or with weakened immune systems (immunocompromised).

We must continue to practice our COVID-19 protocols to further diminish the burden this health concern has imposed on our most vulnerable neighbors in Rowan County.