

[704.637.6838](tel:704.637.6838)

[Rowan County, NC](#)

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JULY  
NEWSLETTER!



**HAPPY  
INDEPENDENCE  
DAY**

Happy July! This month as we celebrate our country's freedom and independence, we continue to serve those in need as they are on their journey to reaching a different kind of independence. Independence which gives them the ability to provide basic needs and stable lives for themselves and their families.

*Celebrating Success*



**Rachid Clayton, Former Shelter Guest (Army Veteran)**

**Army Veteran Rachid Clayton put his mental health first and the rest is history.**

Army Veteran Rachid Clayton was referred to Rowan Helping Ministries by the Salisbury VA. After walking away from his long-term relationship, and leaving his home with nothing, he became depressed and relied on alcohol and drugs to cope. Rachid turned to the only place he knew which was the VA. "I was a mess mentally, but I had a lot of fight in me." Rachid shared.

Rachid entered our shelter as part of a special VA program. With his case manager, Solomon, by his side, he was ready to get to work, "When I met up with Solomon, he helped me out tremendously," Rachid stated. He came in with a goal to get back on his feet and left with so much more. Rachid received mental health counseling, secured employment, registered for college, and found a place to live in less than two months.

Currently, Rachid is drug-free, studying for a degree in Business Administration, and continues to focus on his mental health journey. "I am humbled that I would be considered a success story," Rachid stated.

Last month we had several open volunteer shifts in Jeannie's Kitchen. We put out a call for volunteers on social media and our community responded and stepped up! Thank you to all volunteers who took the time to fill in where needed.



## Salisbury Rowan Runners

When our kitchen schedule is open and we need volunteers, we can always count on the Salisbury Rowan Runners to step in. They come in sometimes more than once a week to serve a meal in Jeannie's Kitchen. We thank you for always being available to serve our neighbors in need. Your continued support is greatly appreciated.



## St. Luke's Episcopal Church

Every month St. Luke's Episcopal Church serves lunch in Jeannie's Kitchen. We are so lucky to have dedicated volunteer groups like yours! We can't do this work without you.



## Food Lion

Special shoutout to Food Lion store managers Daniel & Evan for stopping by to serve lunch in Jeannie's Kitchen on short notice. We appreciate Food Lion's continued partnership throughout the years.

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Volunteer Manager Monica Seamon at 704-637-6838 ext. 112 or [visit our website](#).

[Sign up to Volunteer](#)



## Donation Highlights



### Neel Road Baptist Church

Neel Road Baptist Church hosts a monthly food drive for our Food Pantry. Last month their food drive brought in 760 pounds of food. Thank you to the members of Neel Road Baptist Church for your continued support. We appreciate you!



### Catawba College

Octoria Ridenhour, Director of Campus Life at Catawba College, hosted a service project for freshman orientation. Students worked together to pack 400 blessing bags that included toiletry items for the homeless community. Thank you all so much for the kind gesture! Great way to prepare the students for a bright future.



### Laura Kepley

Laura Kepley and Jonathan Treece saw our Facebook post about our urgent needs in the Food Pantry and decided to help. They came together and donated 413 pounds of food. We can't thank you all enough for taking the time to respond to our urgent needs!

## Community Partners



2022 United Way Day of Caring  
 Godley's Garden Center & Nursery Inc

## 2022 United Way Day Of Caring

On June 08, 2022, The United Way of Rowan County hosted their Annual United Way Day of Caring for the first time since 2018. We were so grateful to be chosen this year as one of the service sites. The staff at Godley's Garden Center & Nursery went above and beyond on several days to make our campus grounds beautiful for summer! Thank you United Way and Godley's Garden Center & Nursery.

### *Event Recap*





## 2022 Southern Power Golf Tournament

Thursday, June 23, 2022, Southern Power Plants Cleveland & Rowan hosted the 2022 Annual Charity Golf Tournament. Almost 100 golfers participated in the tournament and the event raised over \$20,000. We were blessed to be chosen as the charity agency along with the Children's Home of Cleveland County. We will receive a donation of \$11,992 to help support our services and programs. Thank you Southern Power Plants Cleveland and Rowan for your support year after year.

### *In Other News!*

Your support of our  
**Why Give**  
**in July?**

Will help us continue to help those in need this summer

We are excited to announce our Why Give in July summer fundraising campaign. As temperatures climb throughout the summer, we see an increase in clients visiting us

for assistance. Whether it is because school is out and there are more mouths to feed at home, or utility usage is at an all-time high... we need YOUR help during July and the months which follow to continue to provide Crisis Assistance for our neighbors in Rowan County.

Help us put God's love into action this summer with your generous gift. HELP NOW!

Visit our website to **DONATE** today!

## July Needs List



# JULY WISH LIST

### JEANNIE'S KITCHEN

Cooking Spray  
Flour  
Sugar  
Fresh Onions  
Fresh Lettuce  
2% Milk

3-Quart Large Cans of Vegetables & Fruit  
(no tomato products please)  
Frozen Vegetables  
(broccoli, cauliflower, mixed veg)

### CRISIS ASSISTANCE FOOD PANTRY

Pasta Sauce/Tomato Sauce • Jelly  
Canned Fruit • Canned Vegetables  
Canned Soup • Grits  
Lower Sodium Options of Canned Goods

### SHELTER SERVICES

Pillows • Blankets  
Pill Organizers/Planners  
Towels



### HOUSING SERVICES

All-purpose Cleaner • Sponges  
Dish towels/Dish Rags

### HOMELESS STREET OUTREACH

Beef Jerky • Snack Crackers • Protein Bars • Rain Ponchos

### Equipment & Specialty Items

Small equipment for Jeannie's Kitchen and other specialty items are found on our *Amazon Wish List*

Donations can be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury.

Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here](#).

## ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

[Donate Now](#)

