



Happy October! Fall is officially here and we are excited to see what this month will bring. As we move closer to the end of the year, we pray God will bless us with new volunteers, new community partners, and new ideas to further assist us on our journey to help the homeless find their pathway home.

Celebrating Success



Saniyyah (Sunny) Al-Qaadir , Former Shelter Guest (GPD Veteran Program)

A structured person-centered program was all Sunny needed to get back on her feet

In the Robertson-Stanback Center, Rowan Helping Ministries provides temporary shelter to Rowan County citizens without a place to call home. Our shelter services model assigns each shelter guest a case manager to assist them on their journey toward housing while providing guidance and encouragement along the way. We meet each client where they are and develop a person-centered case plan that not only helps them to secure stable housing, but connects them with community resources to address the underlying issues that caused them to become homeless. This structured program model is what helped Marine Veteran, Sunny, move out of the shelter and into her first apartment.

For three months, Sunny resided in the shelter as a part of our Veteran GPD Program. She shared that lack of proper medication management to treat mental illness caused her to be unstable and homeless. “I was living with family and no one wanted to deal with me, because

when I am not on my meds I am out of control.” Sunny was looking for stability and guidance and was happy when she learned about the structure of our Veteran GPD Program. She took full advantage of having someone hold her accountable for taking her medication every day. “I am grateful for living at the shelter, I am now taking my medication, my mind is clear, and I can finally focus on my goals.”

Sunny worked closely with the GPD Veteran case manager, Solomon Tafari, to find an apartment. She looked forward to her meetings with Solomon because he pushed her to reach her goals, “He would always say to me, ‘I know you can get it done’.” Case management is what Sunny said she will miss most about living in the shelter, but she is making sure to keep her new routines at her new place. “I still have my pills organized in the pill container and I am now used to taking them.”

Sunny is currently happy and thriving in her new apartment. She is working to remain stable and rebuild a relationship with her 14-year-old son.

Volunteer Highlights



Love Salisbury Day of Service

Life Church-Salisbury hosted their Love Salisbury community service day event at Rowan Helping Ministries. For their Love Salisbury event, they packed USDA family food bags, served lunch, and cleaned Jeannie's Kitchen dining hall. Thank you Life Church-Salisbury for serving with us throughout the years. We are grateful you chose us for your community service day.



Cabarrus College of Health Sciences Dianne Snyder Day of Giving

Cabarrus College of Health Sciences and the Cabarrus Healthcare Foundation hosted their Dianne Snyder Day of Giving at Rowan Helping Ministries. Two groups of staff and students spent the day with us working in our food pantry and packing and sorting food for the Food For Thought program. Thank you for serving with us in honor of Dianne Snyder.



Jeannie's Kitchen Volunteers Needed!!



Open Breakfast Shifts: Wed 10/5, Thurs 10/6, Sat 10/8, Sun 10/9, Mon 10/10
Sun 10/16, Tues 10/18, Thurs 10/20, Sun 10/23, Mon 10/24, Wed 10/26, Thurs 10/27, Fri
10/28, Sun 10/30, Mon 10/31

Open Lunch Shifts: Wed 10/5, Thurs 10/6, Sat 10/8, Sun 10/9, Tues 10/11, Sat 10/15, Sun
10/16, Mon 10/17, Thurs 10/20, Sat 10/22, Wed 10/26, Sat 10/29, Mon 10/31

Open Dinner Shifts: Sat 10/8, Sun 10/9, Tues 10/18, Fri 10/21, Sun 10/23, Tues 10/25,
Thurs 10/27, Fri 10/28, Sat 10/29, Mon 10/31

Are you interested in volunteering? Visit our website for a list of our volunteer opportunities, and to sign up and serve. For questions, contact Volunteer Manager Monica Seamon at 704-637-6838 ext. 112

[Sign up to Volunteer](#)

Donation Highlights

Whosoever Will Let Them Come, Inc.

Members of Whosoever Will Let Them Come, Inc. donated 1500 pounds of canned soup to our Food Pantry. This blessing was just in time for the cool Fall

weather. Thank you for thinking of our fellow neighbors in need.



East Rowan HS Literacy Day

To celebrate International literacy day on September 8th, the 10th & 11th-grade students at East Rowan High school organized a book drive to support the children we serve. They donated 1171 new and used Children's Books to our organization! We appreciate this amazing effort and will share this blessing with our community partners at Smart Start Rowan.



Community Partners



Food Lion Feeds donates a \$65,000 walk-in freezer system for our Salisbury Food Pantry

For over 35 years Food Lion has played an integral role in helping us to feed our Rowan County neighbors in need. A few years ago Food Lion generously provided us with a refrigerated trailer to give us space to store the food we receive from our USDA partners. At the time this began, we thought the amount of frozen food was temporary and then we learned it would continue. Because of supply chain issues, we had to wait over 40 weeks to receive our new walk-in freezer. Food Lion Feeds Foundation has generously provided a grant to fully fund the freezer and installation costs. Food Lion boosted their already generous gift by also stocking our new freezer with extra frozen meats to share with our clients.

We are grateful for our relationship with Food Lion and the amazing people who work in their stores, warehouses, and corporate office. We can always count on them.

We are grateful to be able to source locally with Imperial Brown who provided a great product and service.

[Read Press Release](#)

Event Recap

12th Annual Ted Luther Memorial Golf Tournament



Salcoa Contracting, Inc.



Luther Family



F&M Investments Team



Whitley, Jordan, Inge, & Rary, P.A. Team

Our annual Ted Luther Memorial Golf Tournament took place Saturday, September 17, 2022, at the Revival at the Crescent. We had another successful fundraiser this year with over \$20,000 raised to support our programs. Thank you to the Luther family, event sponsors, in-

kind donors, the planning committee, volunteers, and our staff for making this year's event a success.

2022 Annual Corporation Meeting



Tuesday, September 20th we hosted our Annual Corporation Meeting! We were so excited to host this year's meeting in person. At the event, attendees got to hear about the wonderful ways we impacted the Rowan County community last fiscal year.

We recognized and thanked the retiring board members **Carolyn Barker**, **Noel Adams**, and **Kevin Smith** for their years of hard work and dedication. Previous board members elected to serve a 2nd term were **Maria D. Lowder**, **Kyle Mitchell**, and **Matt Marsh**. We also welcomed new board member Shelia Prevatte!

Thank you to **First Presbyterian Church of Salisbury NC** for hosting us in your beautiful Lewis Hall. Thank you to **Trinity Oaks - A Senior Living Community** for the delicious meal.

[To Read Our Impact Report Click Here](#)

Miracles on the Horizon Capital Project Launch Event



Wednesday, September 21, 2022, we celebrated the launch of our Miracles on the Horizon Capital Project, "Helping Homeless Citizens Find Their Pathway Home." This project will expand transitional and supportive housing for our clients, extend hours for supportive services and create a maintenance reserve to fund major equipment repairs and replacements. At the launch event staff, clients, donors, community partners, and volunteers came together at the station, to celebrate the start of construction on Eagle's Nest III. Thank you to the Program Services for your hard work on this event and our event sponsors.

[Click here to support the project](#)

[Click Here To Read Event Press Release](#)

In Other News!



We're

Hiring

KITCHEN ASSISTANT

Apply today!

www.rowanhelpingministries.org

We're hiring!! We are currently hiring for a part-time Kitchen Assistant. If you or someone you know have a passion for cooking and serving others we want you on our team!

[Click the link to apply](#)

Mark Your Calendars !



It's sign-up time again for this year's *Trick or treat So Others May Eat*- our biggest food drive of the year. This is a fun-filled event where volunteers fan out across Rowan County neighborhoods the weeks of October 24th – November 6th, to leave a brown paper bag on home doorsteps. An attached flyer asks participants to fill the bags with non-perishable foods. Volunteers then return to pick up the filled bags and deliver them to Rowan Helping Ministries for the event weigh-in from 3 to 5 p.m. on November 6th.

We provide the brown paper bags, the event flyer, and weigh-in festivities. We are looking for at least 50 churches, civic groups, families, or individuals who would like to help collect the non-perishable food items throughout assigned neighborhoods in Rowan County for this event and then report to the weigh-in event. If collecting from neighborhoods isn't possible private food drives at church, work, home, or schools are fine too. Individuals or groups collecting the most food by weight receive special recognition, while everyone gets the joy of giving back to our neighbors in crisis.

We are also in need 25-30 volunteers to help unload, sort, and stock the pantry with donations that are received the day of the event. This will include setting up tables and shopping carts prior to the event.

[To participate in this event please click to sign-up here](#)

YOU'RE INVITED:



Shine
the Light on
Hunger

Feed the Need is Back!

Our annual Feed The Need fundraising event is back! We are excited to host an in-person event on **November 17, 2022, 6 p.m. - 9p.m at the F&M Trolley Barn 165 E Liberty St, Salisbury, NC 28144**. This annual fundraiser will raise funds to support our Food Programs.

For more information about the event and to learn about sponsorship opportunities please contact Raeshawn Palmer at 704-637-6838 ext. 123 or email rpalmer@rowanhelpingministries.org

October Needs List



OCTOBER WISH LIST

JEANNIE'S KITCHEN

- 2% Milk
- Orange Juice
- Fresh Onions
- Fresh Lettuce
- Fresh Fruit

CRISIS ASSISTANCE FOOD PANTRY

- Low Sodium Options of Canned Goods
- Pasta /Tomato Sauce
- Canned Vegetables
- Jelly
- Grits



SHELTER SERVICES

- Bath Towels
- Pillows
- Blankets
- Travel Size Shampoo
- Travel Size Conditioner
- Travel Size Lotion

HOUSING SERVICES

- All-Purpose Cleaner/Wipes
- Sponges
- Bath Towels
- Dish Towels/Dish Rags

Equipment & Specialty Items

Small equipment for Jeannie's Kitchen and other specialty items are found on our *Amazon Wish List*

Donations can be dropped off Monday-Friday from 9:00 a.m. to 3:30 p.m. at our receiving dock facing Liberty Street at 226 N. Long Street in Salisbury. Clothing donations are accepted on Wednesdays only. If you want to order from our Amazon Wish list, [click here](#).

ROWAN HELPING MINISTRIES

Our mission is to serve, through cooperative community action, our neighbors in Rowan County who are in crisis, by providing essential life needs and educating and empowering them to break the cycle of crisis.

Donate Now





Try email marketing for free today!
